

\* **Please Note: Programs Signup begins on September 17th at the Concierge Desk.**

**Mark Your Calendar**

**Resident-Run Card Party\*\***

*All proceeds will go to Abbey Lane*  
 Friday, November 2, 2018—12:30pm-2:30pm  
 VC Dining Room  
 Cost: \$10  
 Sign up by October 26th

**New Philharmonic:  
 CSO Cellist Richard Hirschi\*\***

Sunday, November 4, 2018—2:15pm-6:00pm  
 MAC/COD  
 Cost: \$43  
 Limited space. Sign up by October 21st or until filled.

**C.O.D. Waterleaf Restaurant\*\***

*Hospitality Students at College of DuPage*  
 Wednesday, November 7, 2018—10:30am-1:30pm  
 Cost: \$21  
 Limited space. Sign up by October 24th or until filled.

**DuPage Symphony Orchestra\*\***

*Romantic Rhapsodies*  
 Saturday, November 17, 2018—6:45pm-10:30pm  
 Wentz Concert Hall, Naperville  
 Cost: \$22  
 Limited space. Sign up by November 3rd or until filled.

**Naperville Municipal Band Fall Concert\*\***

Sunday, November 18, 2018—2:15pm—5:00pm  
 Wentz Concert Hall, Naperville  
 Cost: Free  
 Limited space. Sign up by November 3rd or until filled.

**Beauty & the Beast\*\***

*Includes transportation, lunch & tickets to the show*  
 Wednesday, November 28, 2018—11:00am—5:30pm  
 Drury Lane, Oakbrook Terrace  
 Cost: \$60  
 Limited space. Sign up by November 14th or until filled.

**Resident-Run  
 New Year's Eve Party 2018\*\***

Only 3 months left to New Year's Eve! Join your neighbors for a fun evening of singing, dancing, game playing, and light refreshments.  
 Monday, December 31st, 7:30-11:00pm, Piazza  
 Cost: \$7.00 (if you register before December 16th)

**ANNUAL VSB FALL SHOWCASE**

*A Bountiful Bushel of Opportunities*  
 Thursday, October 25th, 2:30-3:30pm  
 Piazza



Venture through an "orchard" of information from various clubs, departments and outside vendors. Learn about new opportunities, programs, products and services.

**FLU SHOT CLINIC\*\***



Wednesday, October 17th  
 10:15am-12:00pm  
 Art Studio

Sign up at the Concierge Desk for our annual Flu Shot Clinic.

**St. Vincent de Paul Pick-up**

St. Vincent de Paul will be picking up gently used clothing and linens from VSB. If you have items you would like to donate, please pick up a special donation bag from the Concierge and leave your donation outside of your door on Wednesday, October 3rd by 7:00pm. Tax receipts are available at the Concierge Desk.



**Rockin' Readers\*\***

The Rockin' Readers program invites residents of VSB to come to Brooks Elementary School and read with students one-on-one. The program started because teachers were looking for ways to give students more opportunities to read aloud and extend the school into the community. What began as a reading fluency program has grown into so much more as senior citizens and students bridge the age gap with each visit. This is a school year-long program held one Monday a month from September 2018 through May 2019. Please sign up at the Concierge Desk.

Villa St. Benedict  
 Hospitality Respect Justice Stewardship

Villa St. Benedict  
 1920 Maple Ave.  
 Lisle, IL 60532  
 Volume 13 Issue 10  
 October 2018

**Villa Views**

**October Happenings**

**C.O.D. Polish Cinema Class\*\***  
 Wednesdays  
 October 3, 10, 17, 24  
 Art Studio  
 1:00-4:00pm  
 Cost: \$48\*

Explore the history of Polish cinema from its beginnings. Start with the most famous Yiddish film made in the pre-war Poland. Move on to the communist propaganda films of the '50s and the counterpropaganda films of the '60s. Discuss the cinema of the '70s, the Solidarity period of the '80s and continue through the Free Poland Cinema of this century. Finish with the 2015 Oscar-winning film "Ida."  
 \*Make checks payable to College of DuPage.

**Limited space. Sign-up deadline September 26th or until filled.**

**Watercolor Painting with George Bruce\*\***  
 Thursdays  
 October 4, 11, 18  
 November 1 & 8  
 Art Studio  
 1:30-3:00pm  
 Cost: \$55

This watercolor class will be for those beginning as well as those continuing on to more advance techniques and projects. We will make watercolor fun & exciting. Forget about how difficult it seems! We will explore sketching skills, perspective, composition, techniques and your own creative talents. Basic supplies will be provided. An additional supply list is given if students want to go beyond the basics.

**Limited space. Sign-up deadline September 28th or until filled.**

**Emerson Creek Pottery & Tea Room\*\***  
 Wednesday,  
 October 10th  
 Oswego  
 10:00am-3:00pm  
 Cost: Buy your own lunch

Enjoy a drive out to Emerson Creek to find vintage, salvaged, repurposed and handmade goods in our refurbished barn. These one-of-a-kind items will not only preserve history but also add style and uniqueness to your home. Vintage wares include furniture, fashion, reimagined handmade goods, architectural salvage and more. Don't let the word "Tea room" fool you. We change our weekly homemade menu, so there is always something new to try! October 10th is our "Fall Harvest Hunt".

**Limited space. Sign-up deadline October 3rd or until filled.**

**Out to Lunch\*\*  
 Bohemian Crystal**  
 Tuesday,  
 October 23rd  
 Westmont  
 12:00-3:00pm  
 Cost: \$17

The Bohemian Crystal is known as a truly family restaurant. It is famous for delicious old-style Bohemian dishes. In the main dining room you will find authentic, handcrafted Bohemian plates, cups, mugs and crystal vases. Bohemian Crystal was ranked the #2 restaurant in Westmont. You will be provided a set menu with several options to choose from.

**Limited space. Sign-up deadline October 16th or until filled.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>** Means must sign up with Concierge</b></p> <p> Light walking</p> <p> Moderate walking</p> <p> Heavy walking</p>	<p><b>1</b></p> <p>9:30-11am <b>Shopping**</b>  Jewel Osco</p> <p>1:15-2:45pm <b>Shopping**</b>  Aldi or Walgreens</p> <p>6:30 <b>Entertainment: Men's DuPage Barbershop Chorus</b>, Piazza</p>	<p><b>2</b></p> <p>8:30 <b>Water Aerobics**</b>, NCC  10am <b>Chair Chi</b>, VC 4th Floor Parlor 1pm <b>Joy of Writing</b>, Business Center 1:30pm <b>Social Aspects of Aging**</b> Art Studio 1:30pm <b>Morton Arboretum**</b>  2pm <b>Singing from Notes</b>, Lounge 4pm <b>Restorative Mat Yoga</b> Cost: \$12, PEC</p>	<p><b>3</b></p> <p><b>St. Vincent DePaul Pick Up</b></p> <p>9am <b>DMV/State ID's**</b>, Naperville 12:30-2:30pm <b>VSB Local**</b>  Lisle Area 1pm <b>Pub Chat</b>, Lounge 1pm <b>COD Class: Polish Cinema**</b> Art Studio 3pm <b>Joy of Dance</b>, Business Center</p>	<p><b>4</b></p> <p>1:30pm <b>Watercolor Painting**</b> Art Studio 2pm <b>Chair Chi</b>, PEC 4pm <b>Meet the new PT Dr. Ami &amp; enjoy a sweet treat</b>, Piazza 6:30pm <b>Ladies Night</b> Lounge/Patio</p>	<p><b>5</b></p> <p>1:30pm <b>Being Mortal**</b> Art Studio 1:30pm <b>Warm Water Arthritis Class**</b>  Edward Fitness Center 6:30pm <b>Friday Night Bingo</b> Piazza</p>	<p><b>6</b></p> <p>10am <b>Looking at Sunday Readings</b> Art Studio 1pm <b>Rummikub</b>, Card Lounge 2pm <b>Pinochle</b>, Card Lounge</p>
<p><b>7</b></p> <p>10am <b>Mass</b> Chapel or Channel 950</p> <p>3pm <b>New Grief Group</b> <i>What is Grief?</i> VC Private Dining Room</p>	<p><b>Columbus Day</b></p> <p><b>8</b></p> <p>9:30-11am <b>Shopping**</b>  Jewel Osco</p> <p>1:15-2:45pm <b>Shopping**</b>  Aldi or Walgreens</p> <p>1:30pm <b>Noodle Volleyball</b>, Piazza 3pm <b>Rosary</b> at the Grotto 6pm <b>St. John's Bible Video Viewing</b>, Piazza</p>	<p><b>9</b></p> <p>8:30 <b>Water Aerobics**</b>, NCC  10am <b>Chair Chi</b>, VC 4th Floor Parlor 1:30pm <b>Social Aspects of Aging**</b> Art Studio 2pm <b>Singing from Notes</b>, Lounge 4pm <b>Restorative Mat Yoga</b> Cost: \$12, PEC</p>	<p><b>10</b></p> <p>10am <b>Emerson Creek Pottery &amp; Tea Room**</b>, Oswego  12:30pm <b>Out &amp; About**</b>  Trader Joe's &amp; Casey's 1pm <b>COD Class: Polish Cinema**</b> Art Studio 1pm <b>Pub Chat</b>, Lounge 3pm <b>Joy of Dance</b>, Business Center</p>	<p><b>11</b></p> <p>1:30pm <b>Watercolor Painting**</b> Lounge 1pm <b>Lisle Library</b>, Art Studio 2pm <b>VSB Book Club</b> <i>Lorna Doone</i>, Art Studio 2:45 <b>Drumming Circle with Alex</b>, Piazza 4-5pm <b>Kids That Care to Help</b> Business Center</p>	<p><b>12</b></p> <p>9am <b>Meet Your New Neighbors</b> VC Dining Room 1:30pm <b>Warm Water Arthritis Class**</b>  Edward Fitness Center 2pm <b>Entertainment: Maureen Christine, Vocalist</b>, Piazza 6:30pm <b>Friday Night Bingo</b> Piazza</p>	<p><b>13</b></p> <p>10am <b>Looking at Sunday Readings</b> Art Studio 1pm <b>Rummikub</b>, Card Lounge 2pm <b>Pinochle</b>, Card Lounge 6:45pm <b>DuPage Symphony Orchestra**</b>, Musical Milestones, Cost: \$15, Wentz Concert Hall</p>
<p><b>14</b></p> <p>10am <b>Mass</b> Chapel or Channel 950</p>	<p><b>15</b></p> <p>9:30-11am <b>Shopping**</b>  Jewel Osco</p> <p>1:15-2:45pm <b>Shopping**</b>  Aldi or Walgreens</p> <p>3pm <b>St. John's Bible Video Viewing</b>, VC 3rd Floor Parlor 6:45pm <b>Movie Mania: "No Reservations"</b> VC 3rd Floor Porch</p>	<p><b>16</b></p> <p>8:30 <b>Water Aerobics**</b>, NCC  10am <b>Chair Chi</b>, VC 4th Floor Parlor 1pm <b>Joy of Writing</b>, Business Center 1:30pm <b>Social Aspects of Aging**</b> Art Studio 2pm <b>Singing from Notes</b>, Lounge 4pm <b>Restorative Mat Yoga</b> Cost: \$12, PEC 7-8pm <b>Tuesday Night with the Sisters "The Great Silence"</b></p>	<p><b>17</b></p> <p>10:30am <b>Flu Shot Clinic**</b>, Art Studio 10:45am <b>Lunch at Harner's &amp; Legally Blond**</b> Cost \$43, Paramount Theatre, Aurora 12:30-2:30pm <b>VSB Local**</b>  Lisle Area 1pm <b>Pub Chat</b>, Lounge 1pm <b>COD Class: Polish Cinema**</b> Art Studio 3pm <b>Joy of Dance</b>, Business Center</p>	<p><b>18</b></p> <p>1:30pm <b>Watercolor Painting**</b> Art Studio 2pm <b>Chair Chi</b>, PEC 3pm <b>Presentation: Anxiety: When Worry Overtakes Us</b> Piazza</p>	<p><b>19</b></p> <p>10am <b>Tour of the Sacred Heart Monastery Chapel</b> 1:30pm <b>Warm Water Arthritis Class**</b>  Edward Fitness Center 2:30pm <b>Fun, Floats &amp; Frightening Facts**</b>, Lounge 6:30pm <b>Friday Night Bingo</b> Piazza</p>	<p><b>20</b></p> <p>10am <b>Pawsitive Therapy Visits</b> BC 1st Floor Gathering Space 10am <b>Looking at Sunday Readings</b> Art Studio 1pm <b>Rummikub</b>, Card Lounge 2pm <b>Pinochle</b>, Card Lounge</p>
<p><b>21</b></p> <p>10am <b>Mass</b> Chapel or Channel 950</p> <p>3pm <b>New Grief Group</b> VC Private Dining Room</p>	<p><b>22</b></p> <p>9-11am <b>Rockin' Readers**</b> Brooks Elementary School</p> <p>9:30-11am <b>Shopping**</b>  Jewel Osco</p> <p>1:15-2:45pm <b>Shopping**</b>  Aldi or Walgreens</p> <p>1:30pm <b>Noodle Volleyball</b>, Piazza</p>	<p><b>23</b></p> <p>8:30 <b>Water Aerobics**</b>, NCC  10am <b>Chair Chi</b>, VC 4th Floor Parlor 12:00pm <b>Lunch at Bohemian Crystal**</b> Cost \$17, Westmont 12:30pm <b>Flyte**</b> VC Dining Room 2pm <b>Singing from Notes</b>, Lounge 4pm <b>Restorative Mat Yoga</b> Cost: \$12, PEC</p>	<p><b>24</b></p> <p>10am <b>Hollywood Casino**</b>  Aurora 12:30pm <b>Flyte**</b> VC Dining Room 1pm <b>Pub Chat</b>, Lounge 1pm <b>COD Class: Polish Cinema**</b> Art Studio 3pm <b>Joy of Dance</b>, Business Center 7-9pm <b>COD Class: Searching for Marquette**</b>, Art Studio</p>	<p><b>25</b></p> <p>2:30-3:30pm <b>Fall Showcase</b> Piazza 4-5pm <b>Kids That Care to Help</b> Business Center</p>	<p><b>26</b></p> <p>1:30pm <b>Warm Water Arthritis Class**</b>  Edward Fitness Center 2pm <b>Fall Beer Tasting**</b>, Cost: \$4, Lounge 6:30pm <b>Friday Night Bingo</b> Piazza</p>	<p><b>27</b></p> <p>10am <b>Looking at Sunday Readings</b> Art Studio 1pm <b>Rummikub</b>, Card Lounge 2pm <b>Pinochle</b>, Card Lounge</p>
<p><b>28</b></p> <p>10am <b>Mass</b> Chapel or Channel 950</p> <p>1:15pm <b>DuPage Symphony Orchestra**</b>, <i>Halloween Spooktacular</i>, Cost: \$12, Wentz Concert Hall </p>	<p><b>29</b></p> <p>9:30-11am <b>Shopping**</b>  Jewel Osco</p> <p>10am <b>St. John's Bible Video</b>, Art Studio</p> <p>1:15-2:45pm <b>Shopping**</b>  Aldi or Walgreens</p> <p>6:30pm <b>The Haunted Lighthouse</b> <i>Storytelling with Joy Wilcox</i> Piazza</p>	<p><b>30</b></p> <p>8:30 <b>Water Aerobics**</b>, NCC  10am <b>Chair Chi</b>, VC 4th Floor Parlor 2pm <b>Singing from Notes</b>, Lounge 4pm <b>Restorative Chair Yoga</b> Cost: \$12, PEC</p>	<p><b>31</b></p> <p>9:30am <b>Out &amp; About**</b>  Dollar Tree 1:30pm <b>Halloween Costume Party &amp; Entertainment: Classic Monster Mash Film Presentation</b>, Piazza 3pm <b>Joy of Dance</b>, Business Center 7-9pm <b>COD Class: Searching for Marquette**</b>, Art Studio</p>	<p><b>Mondays</b> Balance Class 7:15am &amp; 8:30am Sit &amp; Be Fit 9:00am Core Treatment 11:00am Bridge 1:00pm</p> <p><b>Tuesdays</b> Balance Class 8:30am &amp; 9:30am Sit &amp; Be Fit 9:00am Drop-in Art Class 10:00am Core Treatment 11:00am Bodies in Motion 12:15pm Pinochle 2:00pm Hors d'oeuvres 4:00-5:00pm Cards/Games/Poker 6:30pm</p>	<p><b>Wednesdays</b> Balance Class 7:15am &amp; 8:30am Blood Pressure 9:30-10:30am Chair Chi Video 10:00am Core Treatment 11:00am Bodies in Motion 12:15pm Left/Right/Center 3:00pm</p> <p><b>Monday thru Saturday</b> Happy Hour 4:00-7:00pm</p>	<p><b>Thursdays</b> Balance Class 8:30am &amp; 9:30am Core Treatment 11:00am Bodies in Motion 12:15pm Pinochle &amp; Mah Jongg 1:00pm Knitting with a Purpose 1:15pm</p> <p><b>Fridays</b> Sit &amp; Be Fit 9:00am Kick Back &amp; Color Group 10:00am Bodies in Motion 11:00am Cards &amp; Games 1:00pm Billiards &amp; Pool 7:00pm</p>