

* Please Note: Programs Sign up begins on August 15th at the Concierge Desk.

Mark Your Calendar

Morton Arboretum**

Walk & bus tour to view the fall foliage
Tuesday, October 2, 2018—1:30pm-4:00pm
Lisle

Cost: Free

Limited space. Sign up by September 25th or until filled.

Water Color Painting**

with George Bruce
Thursdays, 10/4-11/1/18—1:30pm-3:00pm
Art Studio

Cost: \$55

Limited space. Sign up by September 28th or until filled.

Emerson Creek Pottery & Tea Room**

Fall Harvest, Market Day
Wednesday, October 10, 2018—10:00am-3:00pm
Oswego

Cost: Buy you own lunch & treasures

Limited space. Sign up by October 3rd or until filled.

DuPage Symphony Orchestra**

Musical Milestones
Saturday, October 13, 2018—2:30pm-6:00pm
Wentz Concert Hall, Naperville

Cost: \$12

Limited space. Sign up by September 28th or until filled.

Legally Blond**

Lunch at Harner's Bakery & Restaurant
Wednesday, October 17, 2018—10:45am-5:30pm
Paramount Theatre, Aurora

Cost: \$43

Limited space. Sign up by October 3rd or until filled.

DuPage Symphony Orchestra**

Halloween Spooktacular
Sunday, October 28, 2018—1:15pm-3:30pm
Wentz Concert Hall, Naperville

Cost: \$12

Limited space. Sign up by October 14th or until filled.

Resident-Run

New Year's Eve Party 2018**

Join your neighbors for a fun evening of singing, dancing, game playing, and light refreshments.
Monday, December 31st, 7:30-11:00pm, Piazza
Cost: \$7.00 (if you register before December 16th)

B.U. Fall Classes Offered at V.S.B.

Being Mortal**

Death is a hidden reality in our culture. The course examines the problem of being mortal and the impact knowledge of death has on culture. Designed to examine issues surrounding death from a variety of perspectives: philosophical, theological, psychological, historical, global and environmental. We will look at Christian attitude towards sickness and death and compare it to those of other religions.

Fridays, 9/7/18 through 10/5/18, 1:00-2:00pm
Cost: Free, sign up by 9/1/18

Social Aspects of Aging**

We will examine social, psychological and cultural aspects that impact the aging process. An analysis of the individual and society, explorations of changes in roles and status, intergenerational relationships, sociocultural differences and intrapsychic dynamics will be explored. Residents will work in small groups with BU students sharing their views.

Tuesdays, 9/11/18 through 12/4/18, 1:30-4pm
Cost: Free, sign up by 9/4/18

Wine Reserve Dinner*

Five course meal, choose between 9/26 or 9/27
Cost: \$50 (with wine), \$40 (without wine)
*Sign up with Sherri in Culinary, x7060
Sign up by September 21st or until filled.

Walk to End Alzheimer's**

Invite your family to walk with you!
Saturday, September 15th, 9:00am, Gazebo
Sign up at the Concierge Desk.

Rockin' Readers**

The Rockin' Readers program invites residents of VSB to come to Brooks Elementary School and read with students one-on-one. The program started because teachers were looking for ways to give students more opportunities to read aloud and extend the school into the community. What began as a reading fluency program has grown into so much more as senior citizens and students bridge the age gap with each visit. This is a year-long program held one Monday a month from September 2018 through May 2019. Please sign up at the Concierge Desk.



Villa Views

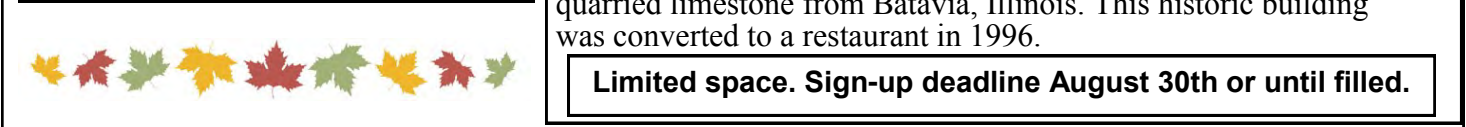
September Outings

<p>Waterleaf Restaurant**</p> <p>College of DuPage Glen Ellyn</p>	<p>Wednesday, September 5th</p> <p>11:00am-2:30pm</p> <p>Cost: \$21</p>	<p>Waterleaf, located in the college's Culinary & Hospitality Center, is a dining experience that offers real-life training to Culinary Arts, Baking and Pastry Arts, and Restaurant Management students. Patrons will experience students' culinary creativity, utilizing fresh regional and seasonal ingredients. Guests will also appreciate the students' attentive service.</p>
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Limited space. Sign-up deadline August 22nd or until filled.

<p>Aurora Fire House & Museum Tour & Lunch**</p> <p>Aurora</p>	<p>Thursday, September 13th</p> <p>9:00am-2:00pm</p> <p>Cost: \$35</p>	<p>Join us on a tour of the Aurora Regional Fire Museum and the Aurora Fire Department headquarters next door. The Aurora Regional Fire Museum is located inside Aurora's old Central Fire Station built in 1894 at a cost of \$10,000. After the tour we will have lunch at Two Brothers Roundhouse. The Roundhouse was constructed in 1856 to serve Aurora on the Chicago & Aurora Railroad. The walls of the structure were constructed with locally quarried limestone from Batavia, Illinois. This historic building was converted to a restaurant in 1996.</p>
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Limited space. Sign-up deadline August 30th or until filled.

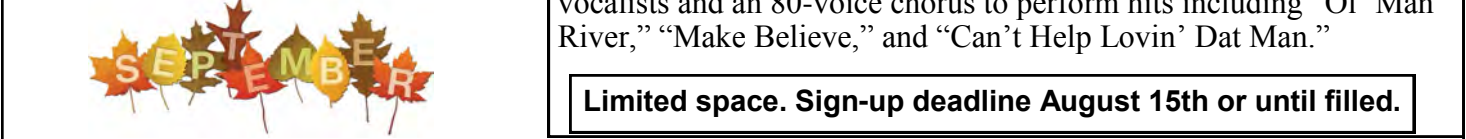


<p>Little Shop of Horrors**</p> <p>Drury Lane Oakbrook Terrace</p>	<p>Wednesday, September 19th</p> <p>10:45am-5:00pm</p> <p>Cost: \$59</p>	<p>This gem of a musical, inspired by the 1960 darkly comedic horror film of the same name, will charm your heart with infectious doo-wop songs and endearing characters. A down-on-his-luck resident of Skid Row is offered the girl of his dreams, fame and success from an all-powerful R&B singer, carnivorous plant, but at what cost? <i>Winner of the Drama Desk Award for Best Musical Includes transportation, lunch and tickets to the show</i></p>
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Limited space. Sign-up deadline August 29th or until filled.

<p>New Philharmonic**</p> <p>Show Boat & Show Tunes</p> <p>College of DuPage Glen Ellyn</p>	<p>Sunday, September 30th</p> <p>2:15pm-6:00pm</p> <p>Cost: \$40</p>	<p>If you haven't yet experienced the MAC's own professional orchestra, you don't know what you've been missing! Proud to call the College of DuPage home for four decades, the New Philharmonic combines extraordinary talent with moving musical pieces that ignite the stage and leave audiences raving. Before they were a team, Richard Rodgers and Oscar Hammerstein each had successful writing partnerships. Join us as we celebrate these prolific artists as New Philharmonic is joined by four guest vocalists and an 80-voice chorus to perform hits including "Ol' Man River," "Make Believe," and "Can't Help Lovin' Dat Man."</p>
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Limited space. Sign-up deadline August 15th or until filled.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Mondays</u> Balance Class 7:15am Balance Class 8:30am Sit & Be Fit 9:00am Core Treatment 11:00am Bridge 1:00pm</p>	<p><u>Tuesdays</u> Balance Class 8:30am Balance Class 9:30am Sit & Be Fit 9:00am Drop-in Art Class 10:00am Core Treatment 11:00am Bodies in Motion 12:15pm Pinochle 2:00pm Hors d'oeuvres 4:00-5:00pm Cards/Games/Poker 6:30pm</p>	<p><u>Wednesdays</u> Balance Class 7:15am Balance Class 8:30am Blood Pressure 9:30-10:30am Chair Chi Video 10:00am Core Treatment 11:00am Bodies in Motion 12:15pm Left/Right//Center 3:00pm</p>	<p><u>Thursdays</u> Balance Class 8:30am Balance Class 9:30am Core Treatment 11:00am Bodies in Motion 12:15pm Pinochle & Mah Jongg 1:00pm Knitting with a Purpose 1:15pm</p>	<p><u>Fridays</u> Sit & Be Fit 9:00am Bodies in Motion 11:00am Cards & Games 1:00pm Billiards & Pool 7:00pm</p> <p><u>Monday thru Saturday</u> Happy Hour 4:00-7:00pm</p>	<p>** Means must sign up with Concierge</p> <p> Light walking</p> <p> Moderate walking</p> <p> Heavy walking</p>	<p>10am Looking at Sunday Readings Art Studio</p> <p>1pm Rummikub, Card Lounge</p> <p>2pm Pinochle, Card Lounge</p>
<p>2 10am Mass Chapel or Channel 950</p>	<p>3 Happy Labor Day! 10am Mass, Chapel 11:00-1:30 Holiday Brunch VC Dining Room 6:45pm Movie Mania: <i>Jackie</i> VC 3rd Floor Parlor</p>	<p>4 10am Chair Chi with Donna VC 4th Floor Parlor 1-2pm Joy of Writing Business Center 2pm Singing from Notes, Lounge 4-5:15 Restorative Mat Yoga Cost: \$12, PEC</p>	<p>5 10am Town Hall Meeting, Piazza 11-2:30 Waterleaf Restaurant** Cost: \$21, C.O.D. 12:30-2:30pm VS Local** Lisle Area 1pm Pub Chat, Lounge 3pm Joy of Dance, Business Center</p>	<p>6 9-10am Coumadin Clinic Health Clinic 1:30pm Noodle Volleyball, Piazza 2:30-4pm Teacher Appreciation Happy Hour** Lounge</p>	<p>7 10am Entertainment: <i>Violinist & Pianist</i>, Piazza 10am Kick Back and Color Group Business Center 1-2pm Being Mortal** Art Studio 1:30pm Warm Water Arthritis Class** Edward Fitness Center 6:30pm Friday Night Bingo Piazza</p>	<p>8 10am Looking at Sunday Readings Art Studio 1pm Rummikub, Card Lounge 2pm Pinochle, Card Lounge</p>
<p>9 10am Mass Chapel or Channel 950</p> 	<p>10 9:30-11am Shopping** Jewel Osco 1:15-2:45pm Shopping** Aldi or Walgreens</p>	<p>11 10am Chair Chi, VC 4th Floor Parlor 1:30-4pm Social Aspects of Aging** Art Studio 2pm Singing from Notes, Lounge 4-5:15 Restorative Mat Yoga Cost: \$12, PEC 7-8pm Tuesday Night with the Sisters "Peace on Earth" 2nd Floor Chapter Room</p>	<p>12 10am Wii Bowling New Season Meeting** Cost: \$20 for season, Art Studio 12:30-2:30pm Out & About** Walmart 1pm Pub Chat, Lounge 3pm Joy of Dance, Business Center</p>	<p>13 9am-2pm Tour of the Aurora Fire House, Museum & Lunch at Two Brothers** Cost: \$35, Aurora 2:00 VS Book Club <i>A Man Called Ove</i>, Art Studio 4-5pm Kids That Care to Help Business Center</p>	<p>14 10am Kick Back and Color Group Business Center 1-2pm Being Mortal** Art Studio 1:30pm Warm Water Arthritis Class** Edward Fitness Center 6:30pm Friday Night Bingo Piazza</p>	<p>15 9am Alzheimer's Walk** Gazebo 10am Looking at Sunday Readings Art Studio 1pm Rummikub, Card Lounge 2pm Pinochle, Card Lounge</p>
<p>16 10am Mass Chapel or Channel 950</p>	<p>17 9am Travel Group Meeting, Lounge 9:30-11am Shopping** Jewel Osco 12:30pm End of Summer BBQ** Cost: \$8, Gazebo 1:15-2:45pm Shopping** Aldi or Walgreens 2pm Entertainment: Steve Justman: Vocalist <i>History of Country Music</i>, Piazza</p>	<p>18 10am Chair Chi, VC 4th Floor Parlor 1-2pm Joy of Writing Business Center 1:30-4pm Social Aspects of Aging** Art Studio 2pm Singing from Notes, Lounge 4-5:15 Restorative Mat Yoga Cost: \$12, PEC</p>	<p>19 9:30 Messengers of Hope Concert 10:45-5pm Little Shop of Horrors** Cost: \$59, Drury Lane 12:30-2:30pm VS Local** Lisle Area 1pm Pub Chat, VC Dining Room 2-3pm Presentation on Function of the Eye** Art Studio 3pm Joy of Dance, Business Center</p>	<p>20 9-10am Coumadin Clinic Health Clinic 2pm Introductory Tai Chi & Chai Tea, Art Studio 3:30pm Crosswords & Cocktails Card Lounge</p>	<p>21 10am Kick Back and Color Group Business Center 1-2pm Being Mortal** Art Studio 6:30pm Friday Night Bingo Piazza</p>	<p>22 10am Looking at Sunday Readings Art Studio 1pm Rummikub, Card Lounge 2pm Pinochle, Card Lounge</p>
<p>23 10am Mass Chapel or Channel 950</p>	<p>24 9-11am Rockin' Readers** Brooks Elementary School 9:30-11am Shopping** Jewel Osco 1:15-2:45pm Shopping** Aldi or Walgreens 1:30pm Noodle Volleyball, Piazza</p>	<p>25 10am Chair Chi, VC 4th Floor Parlor 1:30-4pm Social Aspects of Aging** Art Studio 2pm Singing from Notes, Lounge 4-5:15 Restorative Chair Yoga Cost: \$12, PEC 6pm Entertainment: Sandi Haynes, Oktoberfest, Piazza</p>	<p>26 10am Sweet Creations** <i>Flower Pretzels</i>, Art Studio 12:30-3:30pm Out & About** Yorktown Mall or Target or Kohls 1pm Pub Chat, Lounge 3pm Joy of Dance, Business Center 5:30pm Wine Reserve Dinner* (*sign up with Culinary) VC Private Dining Room</p>	<p>27 TBA Movie Outing** Seven Bridges 4-5pm Kids That Care to Help Business Center 5:30pm Wine Reserve Dinner* (*sign up with Culinary) VC Private Dining Room</p>	<p>28 10am Kick Back and Color Group Business Center 1-2pm Being Mortal** Art Studio 1:30pm Warm Water Arthritis Class** Edward Fitness Center 6:30pm Friday Night Bingo Piazza</p>	<p>29 10am Looking at Sunday Readings Art Studio 1pm Rummikub, Card Lounge 2pm Pinochle, Card Lounge</p>
<p>30 10am Mass Chapel or Channel 950 2:15-6pm New Philharmonic** Cost: \$40, MAC </p>						