

* Please Note: Programs Sign up begins on July 16th at the Concierge Desk.

Mark Your Calendar

C.O.D. Waterleaf Restaurant**

Hospitality Students at College of DuPage
Wednesday, September 5, 2018—11:00-2:30pm
Cost: \$21

Limited space. Sign up by August 22nd or until filled.

Tour of the Aurora Fire House & the Aurora Fire Museum**

Includes lunch at the Two Brothers Round House
Thursday, September 13, 2018—9:00-2:00pm
Aurora
Cost: \$35

Limited space. Sign up by August 30th or until filled.

Little Shop of Horrors**

Wednesday, September 19, 2018—10:45-5:00pm
Drury Lane
Cost: \$59

Limited space. Sign up by August 29th or until filled.

New Philharmonic:

Show Boat & Show Tunes**

Sunday, September 30, 2018—2:15-6:00pm
MAC—College of DuPage
Cost: \$40

Limited space. Sign up by September 10th or until filled.

Tranquil Trails **

Many people enjoy spending time in nature. But did you know that time among trees is therapeutic? Spending time in nature is a growing practice that gives you a break from the devices, worries, and stress that can dominate your daily life.

Whether you decide to bring a book, to sit peacefully and be surrounded by God's creation, or decide to take a meditative stroll, come join us every Thursday in the month of August from 9:00-11:00am as we unwind and restore ourselves.

- 8/2: Whalon Lake, Bolingbrook
- 8/9: Centennial Path, Naperville
- 8/16: Phillips Park Zoo, Aurora
- 8/23: Herrick Lake, Naperville
- 8/30: Patriot's Park, Downers Grove

Limited space: Please sign up ASAP.



C.O.D. Fall Classes Offered at V.S.B.

Polish Cinema**

Explore the history of Polish cinema from its beginnings. Start with the most famous Yiddish film made in the pre-war Poland, move on to the communist propaganda films of the '50s, the counter-propaganda films of the '60s, discuss the cinema of the '70s, the Solidarity period of the '80s and continue through the Free Poland Cinema of this century. Finish with the 2015 Oscar-winning film, *Ida*.

Wednesdays, 10/3/18-10/24/18, 1:00-4:00pm
Cost: \$48, Sign up by 9/13/18

Hidden Memory: An American Story**

Listen to the story of one family's journey from Japan to the U. S. and through the incarceration camps of World War II. Storyteller Anne Shimojima illustrates her talk with photos from her family and the National Archives, showing a family whose only crime was looking like the enemy.

Tuesday, November 6, 2018, 1:00-2:30pm
Cost: \$12, sign up by 10/24/18

Searching for Marquette**

Explore the life and journey of the 17th century French Jesuit missionary-explorer Jacques Marquette through his journal excerpts, maps and images. Discover his cultural impact on the Midwest as told through the monuments and works of art dedicated to his memory. Retrace Marquette's steps throughout the Great Lakes and Mississippi regions, highlighting his encounters and friendships with regional Native American tribes along his route. Based on the book, *Searching for Marquette*, written by instructor Ruth Nelson. This book is the suggested text, although it is not required.

Wednesdays, 10/24/18-11/14/18, 7:00-9:00pm
Cost: \$48, sign up by 10/10/18

St. Vincent de Paul Pick-up

St. Vincent de Paul will be picking up gently used clothing and linens from VSB. If you have items you would like to donate, please pick up a special donation bag from the Concierge and



leave your donation outside of your door on Wednesday, August 1st by 7:00pm. Tax receipts are available at the Concierge Desk as well.



Villa St. Benedict

Hospitality Respect Justice Stewardship

Villa Views

Villa St. Benedict
1920 Maple Avenue
Lisle, IL 60532

Volume 13 Issue 8
August 2018



August Outings



Summer Place Theatre**
Footloose

Sunday, August 5, 2018
2:15-6:00pm

Naperville Central High School

Cost: \$12

Teenaged Ren McCormack leaves his life in Chicago to settle in a rural town with his mom. The new town has a strict ban on Ren's favorite pastime: dancing. Ren struggles against the conservative attitude of Reverend Moore, whose distrust of rock music has stifled the ability of Ren's new classmates to express themselves. Aided by the reverend's daughter and Ren's new best friend, Ren learns why the town doesn't dance and how to start changing that.

Limited space. Sign-up deadline July 29th or until filled.

Art Exhibit & Lunch **

Tuesday, August 14, 2018
9:45-2:00pm

University of St. Francis & Merichka's

Cost: Pay for your own lunch

Join us at University of St. Francis art gallery for the *Artitude* art exhibit. Works of art include mixed media, words, gum bichromate, paint, and photography. Joe Hadamik, son of VSB resident Gen Hadamik, will be exhibiting his clay pieces. After visiting the art exhibit, we will be going to Merichka's Restaurant in Crest Hill for lunch. Merichka's has been family owned and operated since 1933. They are known for their poor boys, and hand-ground burgers. You can find a copy of their menu at the Concierge Desk or go to www.Merichkas.com for more information.

Limited space. Sign-up deadline June 30th or until filled.



Senior Lifestyle Expo**

Tuesday, August 21, 2018
9:00-2:00pm

Drury Lane Oakbrook Terrace

Cost: \$3 admission at the door

Discover the Sweeter Side of Aging at the 23rd annual Senior Lifestyle Expo, proudly presented by the Northeastern Illinois Area Agency on Aging. Some of the attractions include: Senior Product & Service Exhibitors; Health & Wellness Aisle; Educational & Fun Seminars; Interactive Game Show Challenge; and, new this year, a Tech Connect Aisle. For more information, go to www.SeniorLifestyleExpo.org.

Limited space. Sign-up deadline August 7th or until filled.

Hollywood Casino**

Wednesday, August 22, 2018
10:00-2:00pm

Aurora

Deal yourself in at one of the best casinos in Chicagoland! With 53,000 square feet of spine-tingling casino action, you'll never run out of ways to play. Get that winning feeling with more than 1,000 of the hottest slots around. The casino offers denominations from penny slot machines all the way up to \$100. Challenge "Lady Luck" at 26 table games, including a live poker room.

Limited space. Sign-up deadline August 15th or until filled.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Mondays Balance Class 7:15am & 8:30am Sit & Be Fit 9:00am Core Treatment 11:00am</p> <p>Tuesdays Balance Class 8:30am & 9:30am Sit & Be Fit 9:00am Drop-in Art Class 10:00am Core Treatment 11:00am Bodies in Motion 12:15pm Pinochle 2:00pm Cards/Games/Poker 6:30pm</p>	<p>Wednesdays Balance Class 7:15am Balance Class 8:30am Blood Pressure 9:30-10:30am Chair Chi Video 10:00am Core Treatment 11:00am Bodies in Motion 12:15pm Left/Right/Center 3:00pm</p>	<p>Thursdays Balance Class 8:30am & 9:30am Core Treatment 11:00am Bodies in Motion 12:15pm Pinochle & Mah Jongg 1:00pm Knitting with a Purpose 1:15pm Cards/Games/Poker 6:30pm</p> <p>Fridays Sit & Be Fit 9:00am Bodies in Motion 11:00am Cards & Games 1:00pm Billiards & Pool 7:00pm</p>	<p>St. Vincent DePaul Pick Up 1</p> <p>10am Chair Chi Video VC 4th Floor Parlor</p> <p>12:30pm-2:30pm VSB Local** 22</p> <p>Lisle Area</p> <p>1pm Pub Chat Lounge</p> <p>3-4pm Joy of Dance Business Center</p>	<p>9-10am Coumadin Clinic 2</p> <p>9-11am Tranquil Trails** 222</p> <p>Whalon Lake, Bolingbrook</p> <p>10-11am Kids That Care to Help Business Center</p> <p>2pm Entertainment: <i>Sounds of the 60s & 70s</i> Piazza</p> <p>6:15-9pm NMB Concert** 222 "A Melodic Caravan"</p>	<p>10am Kick Back and Color Group 3 Business Center</p> <p>12-2:30 Bolingbrook 222</p> <p>Promenade**</p> <p>1:30pm Warm Water Arthritis 222</p> <p>Class** Edward Fitness Center</p> <p>6:30pm Friday Night Bingo Piazza</p>	<p>10am Looking at Sunday Readings 4 Art Studio</p> <p>1pm Rummikub, Card Lounge</p> <p>2pm Pinochle, Card Lounge</p>
<p>10am Mass 5 Chapel or Channel 950</p> <p>2:15-6pm Summer Place 222</p> <p>Theatre** <i>Footloose</i> Naperville Central H.S. Cost \$12</p>	<p>9:30-11am Shopping** 22 Jewel Osco</p> <p>1:00pm Bridge Card Lounge</p> <p>1:15-2:45pm Shopping** 22 Aldi or Walgreens</p> <p>1:30 Noodle Volleyball Piazza</p>	<p>9:30-10:30 Health Talk Art Studio</p> <p>10am Chair Chi with Donna CANCELED</p> <p>1-2pm Joy of Writing Business Center</p> <p>2pm Singing from Notes Lounge</p> <p>4-5pm Hors d'oeuvres Piazza</p> <p>6-8pm National Night Out** Gazebo</p>	<p>10am Chair Chi Video 8 VC 4th Floor Parlor</p> <p>12:30-2:30pm Out & About** 22 Walmart</p> <p>1pm Pub Chat Lounge</p> <p>3-4pm Joy of Dance Business Center</p>	<p>9-11am Tranquil Trails** 222 Centennial Path, Naperville</p> <p>2:45pm Drumming Circle w/ Alex Piazza</p> <p>6:15-9pm NMB Concert** 222 "Thanks for the Memories"</p>	<p>10am Kick Back and Color Group 10 Business Center</p> <p>1:30pm Warm Water Arthritis 222</p> <p>Class** Edward Fitness Center</p> <p>2pm Entertainment: Nora Drysch, Vocalist <i>Sentimental Journey</i> Piazza</p> <p>6:30pm Friday Night Bingo Piazza</p>	<p>10am Looking at Sunday Readings 11 Art Studio</p> <p>1pm Rummikub, Card Lounge</p> <p>2pm Pinochle, Card Lounge</p>
<p>10am Mass 12 Chapel or Channel 950</p>	<p>9:30-11am Shopping** 22 Jewel Osco</p> <p>1:00pm Bridge Card Lounge</p> <p>1:15-2:45pm Shopping** 22 Aldi or Walgreens</p> <p>2pm Alzheimer's/Dementia Spouse Support Group VC Private Dining Room</p>	<p>9:45-2pm Art Exhibit & Lunch** 14 University of St. Francis & Merichka's</p> <p>10am Chair Chi with Donna VC 4th Floor Parlor</p> <p>2pm Singing from Notes Lounge</p> <p>4-5pm Hors d'oeuvres Piazza</p> <p>7-8pm Tuesday Night with the Sisters 2nd Floor Chapter Room</p>	<p>9-10am Meet Your New Neighbors 15 "Hosted by the Hospitality Committee" VC Dining Room</p> <p>10am Chair Chi Video VC 4th Floor Parlor</p> <p>12:30-2:30pm VSB Local** 22 Lisle Area</p> <p>1pm Pub Chat Lounge</p> <p>3-4pm Joy of Dance Business Center</p>	<p>9-10am Coumadin Clinic 16 Health Clinic</p> <p>9-11am Tranquil Trails** 222 Phillips Park Zoo, Aurora</p> <p>TBA Movie Outing** 22 Seven Bridges</p>	<p>10am Kick Back and Color Group 17 Business Center</p> <p>12-2:30 Downtown Naperville** 222 Main Street Promenade</p> <p>1:30pm Warm Water Arthritis 222</p> <p>Class** Edward Fitness Center</p> <p>6:30pm Friday Night Bingo Piazza</p>	<p>9:30-11am Pawsitive Therapy Visits 18 BC 1st Floor Gathering Space</p> <p>10am Looking at Sunday Readings Art Studio</p> <p>1pm Rummikub, Card Lounge</p> <p>2pm Pinochle, Card Lounge</p>
<p>10am Mass 19 Chapel or Channel 950</p>	<p>9:30-11am Shopping** 20 Jewel Osco</p> <p>1:00pm Bridge Card Lounge</p> <p>1:30pm Noodle Volleyball Piazza</p> <p>1:15-2:45pm Shopping** 22 Aldi or Walgreens</p>	<p>9-2pm Senior Lifestyle Expo** 21 Cost: \$3 admission at the door</p> <p>10am Chair Chi with Donna VC 4th Floor Parlor</p> <p>12:30pm Flye** VC Dining Room</p> <p>1-2pm Joy of Writing Business Center</p> <p>2pm Singing from Notes Lounge</p> <p>4-5pm Hors d'oeuvres Piazza</p>	<p>10am Chair Chi Video 22 VC 4th Floor Parlor</p> <p>10-2pm Hollywood Casino** 222 Aurora</p> <p>12:30pm Flye** VC Dining Room</p> <p>3-4pm Joy of Dance Business Center</p>	<p>9-11am Tranquil Trails** 222 Herrick Lake, Naperville</p> <p>1pm Resident Association Meeting Piazza</p>	<p>10am Kick Back and Color Group 24 Business Center</p> <p>1:30pm Warm Water Arthritis 222</p> <p>Class** Edward Fitness Center</p> <p>6:30pm Friday Night Bingo Piazza</p>	<p>10am Looking at Sunday Readings 25 Art Studio</p> <p>1pm Rummikub, Card Lounge</p> <p>2pm Pinochle, Card Lounge</p>
<p>10am Mass 26 Chapel or Channel 950</p>	<p>9:30-11am Shopping** 27 Jewel Osco</p> <p>1:00pm Bridge Card Lounge</p> <p>1:15-2:45pm Shopping** 22 Aldi or Walgreens</p> <p>6:45pm Movie Mania: <i>The Greatest Showman</i> VC 3rd Floor Parlor</p>	<p>10am Chair Chi Video 28 VC 4th Floor Parlor</p> <p>10am Tie Dye Scarves & Treats** Art Studio</p> <p>2pm Singing from Notes Lounge</p> <p>4-5pm Hors d'oeuvres Piazza</p>	<p>10am Chair Chi Video 29 VC 4th Floor Parlor</p> <p>11-2pm Farmers Market Piazza</p> <p>12:30-2:30pm Out & About** 22 Dollar Tree</p> <p>1pm Pub Chat Lounge</p> <p>3-4pm Joy of Dance Business Center</p>	<p>9-11 Tranquil Trails** 222 Patriots Park, Downers Grove</p> <p>3-4pm Jo Jerak's Retirement Party Piazza & Lounge</p> <p>4-5pm Kids That Care to Help Business Center</p>	<p>10am Kick Back and Color Group 31 Business Center</p> <p>1:30pm Warm Water Arthritis 222</p> <p>Class** Edward Fitness Center</p> <p>6:30pm Friday Night Bingo Piazza</p>	<p>** Means must sign up with Concierge</p> <p>22 Light walking</p> <p>222 Moderate walking</p> <p>2222 Heavy walking</p> <p>Monday thru Saturday Happy Hour 4:00-7:00pm</p>