

*** Please Note: Programs Sign-Up begins on December 28th at the Concierge Desk.**

New Year's Traditions

Baby New Year Tradition

The tradition of using a baby to signify the New Year was started by ancient Greeks around 600 B.C. They would carry a baby in a basket to honor Dionysus, the God of Fertility, and to symbolize his annual rebirth.

Burning "Mr. Old Year"

In Columbia, Cuba and Puerto Rico, families stuff a life-size male doll with things that had bad memories or sadness associated with them and then dress it up in old clothes from each family member. At the stroke of midnight, "Mr. Old Year" is set on fire.

Eating 12 Grapes

In Spain, people eat 12 grapes as the clock strikes midnight. This ritual originated in the twentieth century when freak weather conditions resulted in an unseasonable bumper harvest of grapes. Not able to decide what to do about so many grapes at Christmastime, the King of Spain and the grape growers came up with this New Year ritual.

Eating Noodles

Late on the evening of December 31st, people of Japan would eat a bowl of buckwheat noodles called toshikoshisoba and listen for the sound of the Buddhist temple bells, which were rung 108 times at midnight. The sound of these bells is said to purify the listeners of the 108 sins or evil passions that plague every human being.

White Clothes

In Brazil, most people wear white clothes on New Year's Eve to bring good luck and peace for the year that will follow.

Gifts in Shoes

In Greece, children leave the shoes by the fireside on New Year's Day (Festival of St. Basil) with the hope that St. Basil, who was famous for his kindness, will come and fill their shoes, with gifts.

Carry a Suitcase

In Venezuela, Argentina, Bolivia and Mexico, those with hopes of traveling in the New Year carry a suitcase around the house at midnight. Some even carry it around the block to ensure traveling at greater distances.

Mark Your Calendar

Cabaret**

Paramount
w/lunch at Harner's Resturant
Wednesday,
February 21, 2018
10:45am-5pm
\$42.00

Sign up by February 1, 2018

In The Mood**

The Mac
Saturday, March 10, 2018
6:45pm-9:00pm
\$36.00

Sign up by February 23, 2018

Naperville Municipal Band**
Winter Concert

Plainfield East High School
Sunday, February 18, 2018
Lv 2pm-5pm
Cost: Free

Sign up by February 4, 2018

MARTIN LUTHER KING, JR.
1929-1968



Celebrating
Martin Luther King Jr.
Did you know??

- King was born Michael Luther King but later changed his name to Martin.
- At age 35, he was the youngest man to have received the Nobel Peace Prize and turned over \$54,123 in prize money to the furtherance of the civil rights movement.
- From 1957-1968, King traveled over 6 million miles and spoke over 2,500 times.



Villa St. Benedict

Hospitality Justice
Respect Stewardship

Villa Views

Villa St. Benedict
1920 Maple Avenue
Lisle, IL 60532

Volume 13 Issue 1
January 2018

January Outings

The Cernan Earth & Space Center of Triton College:



the best of THE BEATLES
Cosmic Laser Show


The Beatles Music Laser Show, River Grove.
Lunch at Grandma Sally's

Thursday, January 18th
9:45am-3:00pm
\$27

Blending multicolored laser beams and exciting visual effects in the Triton College dome theater, the popular laser light show weaves a spell-binding adventure in sight and sound. Celebrate the timeless tunes of the Fab Four in this Beatle's collection featuring 17 favorite tunes.

Please sign up by January 4th

Joseph & the Amazing Technicolor Dreamcoat**



JANUARY

Drury Lane

Wednesday, January 24th
10:30am-5pm
\$58

The meteoric first collaboration of Tim Rice & Andrew Lloyd Webber's Joseph and the Amazing Technicolor Dreamcoat, finishes the Drury Lane season with a bang. Join Israel's favorite son, Joseph, through his tumultuous ascent to the top in this timeless reminder of the unquenchable thirst of a man with a dream who had the courage to forge the destiny of a people and its powerful message of

Please sign up by January 3rd

Chicago Symphony Orchestra**



Mozart: Piano Concerto #25, Mahler Symphony # 5

Friday, January 26th
6:45-10:30pm
Cost:\$65

Manfred Honeck leads the CSO in Mahler's epic *Fifth Symphony*. Opening with lone trumpet call, this spectacular work launched a new chapter in Mahler's music-an instrumental symphonic style filled with an inward-looking dramatic intensity. Till Fellner retunes to perform Mozart's grand *Piano Concerto No. 25*.

Please sign up by January 12th

Looking for a New Hobby or a Creative Adventure in the New Year? A Basic Watercolor Painting Class with George Bruce will begin January 18th. Come learn the basics or if you have experience, work on new techniques! Everyone will have the opportunity to explore their own creative talents! **Thursdays, January 11 through February 15 | 1:30 - 3:00 pm | Art Studio** | Cost \$55 (includes basic supplies) *For more information call Laurie x7040. Please sign up by January 8.*





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>** - means must sign up</p> <p> Light walking</p> <p> Moderate walking</p> <p> Heavy walking</p> <p>AS Art Studio P Piazza</p> <p>Sundays Mass 10:00am</p>	<p><i>Happy New Year!</i></p>	<p>2</p> <p>Walking Group 8:30am </p> <p>Beginners Chair Chi 9:30am</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>Katie's Corner 1:15pm</p> <p>Singing from Notes 2pm Lounge</p>	<p>3</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>VSB Local** 12:30-2:30pm Lisle Area</p> <p>Joy of Dance** 3pm-4pm Art Studio</p>	<p>4</p> <p>Coumadin Clinic 9:00-10:00am Health Clinic</p> <p>Laughter Yoga 1:30pm in the PEC</p> <p>Champagne Tasting** 4:00pm 4th Floor Parlor</p> <p>Kids That Care to Help** 4pm-5pm Business Center</p>	<p>5</p> <p>Kick Back and Color Group 10am Business Center</p> <p>Sign Language ** 10am Art Studio</p> <p>Warm Water Arthritis Class** 1:30pm - 3:30pm Edward Fitness Center</p> <p>Bingo with Mills 6:30pm in the Piazza</p>	<p>6</p> <p>Looking at Sunday Readings 10am Art Studio</p> <p>Happy Hour 4:00-7:00pm</p>
<p>7</p> <p>Mass 10am</p>	<p>8</p> <p>Rockin' Readers** 9:15-11am Aurora</p> <p>Shopping** 9:30-11am Jewel Osco</p> <p>Shopping** 1:15-2:45pm Aldi or Walgreens</p> <p>Noodle Volleyball 1:30pm P</p> <p>Alzheimer's/Dementia Spouse Support Group 2pm VC Private Dining Room</p> <p>Sherlock Holmes 3pm AS</p>	<p>9</p> <p>NCC Water Aerobics** 8:30am Naperville \$76.50</p> <p>Walking Group 8:30am </p> <p>Beginners Chair Chi 9:30am</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>Katie's Corner 1:15pm</p> <p>Singing from Notes 2pm Lounge</p>	<p>10</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>VSB Local** 12:30-2:30pm Lisle Area</p> <p>Joy of Dance** 3pm-4pm Business Center</p> <p>Movie Mania <i>The Zookeeper's Wife</i> 6:30pm 4th Floor Parlor</p>	<p>11</p> <p>Giant Crossword Puzzle 10am Card Lounge</p> <p>Laughter Yoga 1:30pm in the PEC</p> <p>VSB Book Club 2:00pm in the Art Studio Book Selection: <i>A Gentleman in Moscow</i> by Amor Towles</p> <p>Breaking Ground in Drumming Circle with Alex 2:45pm Piazza</p>	<p>12</p> <p>Kick Back and Color Group 10am</p> <p>Warm Water Arthritis Class** 1:30pm - 3:30pm Edward Fitness Center</p> <p>Bingo with Mills 6:30pm in the Piazza</p>	<p>13</p> <p>Looking at Sunday Readings 10am Art Studio</p> <p>Poetry Society & Storytelling 10am Card Lounge</p> <p>Happy Hour 4:00-7:00pm</p>
<p>14</p> <p>Mass 10am</p>	<p>15</p> <p>Martin Luther King Jr. Day</p> <p>Shopping** 9:30-11am Jewel Osco</p> <p>Shopping** 1:15-2:45pm Aldi or Walgreens</p>	<p>16</p> <p>NCC Water Aerobics** 8:30am Naperville</p> <p>Walking Group 8:30am </p> <p>Beginners Chair Chi 9:30am</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>Katie's Corner *Cancelled*</p> <p>Sandi Haynes' Polka Party 1:30pm Piazza</p> <p>Singing from Notes *Cancelled*</p>	<p>17</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>Hollywood Casino** 10am-2pm Aurora</p> <p>Out & About** 12:30-2:30pm Dollar Tree</p> <p>Joy of Dance** 3pm-4pm Art Studio</p>	<p>18</p> <p>Coumadin Clinic 9am-10am Health Clinic</p> <p>Cernan Earth & Space Center** <i>The Beatles Music Laser Show</i> w/lunch at Grandma Sally's \$27 9:45am-3pm</p> <p>Laughter Yoga Cancelled</p> <p>Watercolor Basics** \$55 1:30pm in the Art Studio</p> <p>Kids That Care to Help** 4pm-5pm Business Center</p>	<p>19</p> <p>Kick Back and Color Group 10am Business Center</p> <p>Warm Water Arthritis Class** 1:15pm - 3:30pm Edward Fitness Center</p> <p>Bingo with Mills 6:30pm in the Piazza</p>	<p>20</p> <p>Looking at Sunday Readings 10am Art Studio</p> <p>Pawsitive Therapy Visits 10am-11am Benedale 1st Floor Gathering Space</p> <p>Happy Hour 4pm-7pm</p>
<p>21</p> <p>Mass 10am</p>	<p>22</p> <p>Free Health Screen 8am Art Studio</p> <p>Shopping** 9:30-11am Jewel Osco</p> <p>Shopping** 1:15-2:45pm Aldi or Walgreens</p> <p>Free Health Talk 3pm Piazza</p>	<p>23</p> <p>NCC Water Aerobics** 8:30am Naperville</p> <p>Walking Group 8:30am </p> <p>Beginners Chair Chi 9:30am</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>Katie's Corner 1:15pm</p> <p>Singing from Notes 2pm Lounge</p>	<p>24</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>Drury Lane: Joseph & The <i>Amazing Technicolor Dreamcoat</i>** 10:30am-5pm \$58</p> <p>VSB Local** 12:30-2:30pm Lisle Area</p> <p>Joy of Dance** 3-4pm Art Studio</p>	<p>25</p> <p>Laughter Yoga 1:30pm in the PEC</p> <p>Watercolor Basics** 1:30pm in the Art Studio</p>	<p>26</p> <p>Kick Back and Color Group 10am Business Center</p> <p>Warm Water Arthritis Class** 1:30pm - 3:30pm Edward Fitness Center</p> <p>Bingo with Mills 6:30pm in the Piazza</p> <p>Chicago Symphony Orchestra** 6:45pm-10:30pm \$65 </p>	<p>27</p> <p>Looking at Sunday Readings 10am Art Studio</p> <p>Happy Hour 4pm-7pm</p>
<p>28</p> <p>Mass 10am</p>	<p>29</p> <p>Shopping** 9:30-11am Jewel Osco</p> <p>Shopping** 1:15-2:45pm Aldi or Walgreens</p> <p>Movie Outing TBA**</p> <p>Noodle Volleyball 1:30pm in the Piazza</p>	<p>30</p> <p>NCC Water Aerobics** 8:30am Naperville</p> <p>Walking Group 8:30am </p> <p>Beginners Chair Chi 9:30am</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>Katie's Corner 1:15pm</p> <p>Singing from Notes 2pm Lounge</p>	<p>31</p> <p>Chair Chi 10am 4th Floor Parlor</p> <p>Out & About** 12:30-2:30pm Trader Joe's or Casey's</p> <p>Joy of Dance** 3pm-4pm Art Studio</p>	<p>Mondays Sit & Be Fit 9:00am Bridge 1:00pm Happy Hour 4:00-7:00</p> <p>Tuesdays Sit & Be Fit 9:00am Drop-in Art Class 10:00am Pinochle 1:00pm Hors D'oeuvres 4:00-5:00pm Happy Hour 4:00-7:00pm Cards & Games 6:30pm Poker 6:30pm</p>	<p>Wednesdays Blood Pressure 9:30-10:30am Right Left Center 3:00pm Happy Hour 4:00-7:00pm</p> <p>Thursdays Coumadin Clinic 9:00-10:00am 1st/3rd Pinochle 1:00pm Mah Jongg 1:00pm Knitting with a Purpose 1:15-3:00pm Happy Hour 4:00-7:00pm</p>	<p>Fridays Sit & Be Fit 9:00am Cards & Games 1:00pm Happy Hour 4:00-7:00pm Billiards & Pool 7:00pm</p> <p>Saturdays Pinochle 9:00am Rummikub 1:00pm Happy Hour 4:00-7:00pm</p>