

Villa St. Benedict
1920 Maple Ave.
Lisle, IL 60532

August 2024

Life Enrichment
Susan Franczek ELD X7040
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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|--|
| <p>Mondays Sit & Be Fit 9:30 AM AS AQUA EXERCISE** 10:00AM Core Class 10:30 AM AS Bridge 12:45 PM CL Happy Hour 4:00 - 6:00 PM L</p> <p>Tuesdays Music & Movement 10 AM GR Drop-in Arts & Crafts 11 AM AS</p> | <p>Tuesdays (Cont.) PINOCHE 1:00 PM CL HAPPY HOUR 4:00 - 6:00PM L MEN'S POKER 6:30PM CL</p> <p>Wednesdays AQUA EXERCISE** 10:00 AM LOUNGE CHAT 1:00PM LOUNGE LCR DICE 2:00PM GRGR Happy Hour 4:00 - 6:00 PM L EUCHRE 6:30 PM CL</p> | <p>Thursdays Strong Seniors 7:30 & 8:30 AS Music & Movement 10 AM GR Mah Jongg 1:00PM CL Happy Hour 4:00 - 6:00PM L</p> <p>Fridays Kick Back & Color 10:00AM BC RUMMIKUB 1:00PM CL Happy Hour 4:00 - 6:00PM L BINGO 6:45PM GR</p> | <p>**Means must sign up with the Concierge AS = Art Studio CL = Card Lounge GR = Great Room GRGR = Great Room Conference Room LN = Lounge PZ = Piazza DR = Dining Room</p> | <p>3:00 Noodle Volleyball GR 6:45 "Heard This? By Who? Composed When?" Summer Concert Series**</p> | <p>10:00 Chair Yoga GR 10:00 Zumba Video AS 1:00 Needle & Thread PZ 3:00 Corn Hole Bags Game Outside by Gazebo</p> | <p>10:00 Looking at Sunday Readings CL 10:00 PAWSitive Dog Therapy Troupe Visit GR 1:00 Pinochle CL 6:30 Men's Poker LN</p> |
| <p>4 Mass 10:00</p> | <p>5 9:00-10:30 Shopping** ALDI, Mariano's, Walgreens 10:00 Chair Chi With Donna AS 2:00 Professor: Peter Huff "Presidents as Amateur Theologians" PT4</p> | <p>6 11:00 Walk @ Heritage Farms Park** 1:00 Tech Time AS 3:00 Trivia PZ</p> | <p>7 10:00 Chair Chi With Donna AS 1:00-2:30 Out & About Shopping** 1:00 Sweet Home Gelato** 1:30 Bible Study AS 3-4: Confession 4th Floor Benedale 3:00 Brain Games PZ</p> | <p>8 11:00 Lunch: The Patio** 2:00 VSB Book Club AS 3:00 Noodle Volleyball GR 6:45 "Celebration with Big Band" Summer Concert Series**</p> | <p>9 10:00 Chair Yoga GR 10:00 Otago Video AS 1:00 Needle & Thread PZ 2:00 Vest Dance Troupe GR 3:00 Corn Hole Bags Game Outside by Gazebo</p> | <p>10 10:00 Looking at Sunday Readings CL 1:00 Pinochle CL 6:30 Men's Poker LN</p> |
| <p>11 Mass 10:00</p> | <p>12 9:00-10:30 Shopping** ALDI, Jewel Osco, Walgreens 10:00 Chair Chi With Donna AS 10:30 Spectrios Institute for Low Vision Presentation GR 3:00 Family Feud PZ</p> | <p>13 11:00 Walk @ Shrine of St. Therese** 1:00 Craft Project** AS 3:00 The Chosen Chapter Room 3:00 Trivia PZ</p> | <p>14 10:00 Chair Chi With Donna AS 10:30 Men's Meet Up LN 1:00-2:30 Out & About Shopping** 1:30 Bible Study AS 3:00 Brain Games PZ</p> | <p>15 3:00 Noodle Volleyball GR 4:00 Temptations Happy Hour LN</p> | <p>16 10:00 Chair Yoga GR 10:00 Zumba Video AS 1:00 Needle & Thread PZ 2:00 Entertainment: Good Clean Fun GR 3:00 Corn Hole Bags Game Outside by Gazebo</p> | <p>17 10:00 Looking at Sunday Readings CL 1:00 Pinochle CL 6:30 Men's Poker LN</p> |
| <p>18 Mass 10:00</p> | <p>19 9:00-10:30 Shopping** ALDI, Mariano's, Walgreens 10:00 Chair Chi With Donna AS 2:30 VSB Board Member Meet & Greet LN 6:30 Ladies Night In GR</p> | <p>20 1:00 Leslie Goddard is: "Lucille Ball" GR 3:00 Trivia PZ</p> | <p>21 8:00-9:30 Men's Breakfast Honey Jam** 9:00 Ladies Breakfast: Suzette's Creperie** 10:00 Chair Chi Video AS 1:00-2:30 Out & About Shopping** 1:30 Bible Study AS 3:00 Brain Games PZ</p> | <p>22 1:00 Resident Association Meeting GR 3:00 Noodle Volleyball GR</p> | <p>23 10:00 Chair Yoga GR 10:00 Otago Video AS 1:00 Needle & Thread PZ 3:00 The Life & Legacy of St. Benedict by Sr. Mary GR</p> | <p>24 10:00 Looking at Sunday Readings CL 1:00 Pinochle CL 6:30 Men's Poker LN</p> |
| <p>25 Mass 10:00</p> | <p>26 9:00-10:30 Shopping** ALDI, Jewel Osco, Walgreens 10:00 Chair Chi With Donna AS 1:00 Midday Movie: Cabrini GR</p> | <p>27 10:15 Lunch @ Gia Mia & Paddlewheel River Boat Trip** 3:00 The Chosen Chapter Room 3:00 Trivia PZ</p> | <p>28 10:00 Chair Chi With Donna AS 1:00-2:30 Out & About Shopping** 1:30 History Buffs AS 3:00 Brain Games PZ 4:30 Foodie Club: Goat & Vine**</p> | <p>29 1:30 Noodle Volleyball GR 3:00 Steve Darnell: "The Windy City on Air: Chicago & the Golden Age of Radio" GR 4:00 Windy City Happy Hour LN</p> | <p>30 10:00 Chair Yoga GR 10:00 Zumba Video AS 1:00 Needle & Thread PZ 3:00 Corn Hole Bags Game Outside by Gazebo</p> | <p>31 10:00 Looking at Sunday Readings CL 1:00 Pinochle CL 1:15 Venardos Circus** Benedictine University 6:30 Men's Poker LN</p> |

Mass: Mon--Sat. 11:30 am; Sunday, 10:00am Chaplet & Rosary: Mon.-Sat. 4:00pm Chapel Confession: 3:00-4:00pm 1st Wednesday-4th floor Benedale

MARK YOUR CALENDAR

Thursday, August 1st - "Heard this? By Who? Composed When?" Summer Concert Series**

Friday, August 2nd - Chair Yoga

Saturday, August 3rd - PAWSitive Dog Therapy Troupe Visit

The PAWSitive Therapy Troupe is an all-volunteer 501(c)(3) public charity dedicated to sharing registered therapy dogs with individuals in a wide variety of health care and educational settings--bringing comfort, support and encouragement through the unique healing power of the human-animal bond.

Monday, August 5th - Professor Peter Huff: "Presidents as Amateur Theologians" Part 4

Tuesday, August 6th - Walk at Heritage Farms Park**

Tuesday, August 6th - Tech Time

Wednesday, August 7th - Sweet Home Gelato**

Wednesday, August 7th - Confession

Thursday, August 8th - Lunch: The Patio**

Thursday, August 8th - VSB Book Club

Join the Villa St. Benedict Book Club while they discuss their most recent read.

Thursday, August 8th - "Celebration with Big Band" Summer Concert Series**

Friday, August 9th - Chair Yoga

Friday, August 9th - Vest Dance Troupe

Monday, August 12th - Spectrios Institute for Low Vision Presentation

Spectrios Institute uses a unique professional team approach focusing on the "head, heart and eyes" to treat people with vision loss.

Tuesday, August 13th - Walk at The Shrine of Saint Therese**

Tuesday, August 13th - Craft Project**

Tuesday, August 13th - The Chosen

Wednesday, August 14th - Men's Meet Up

Thursday, August 15th - Temptations Happy Hour

Friday, August 16th - Chair Yoga

Friday, August 16th - Entertainment: Good Clean Fun

Playing music from every decade and virtually every style, a fun, exciting show that's guaranteed to put a smile on anyone's face and bring everyone out to the dance floor!

Monday, August 19th - VSB Board Member Meet and Greet

Monday, August 19th - Ladies Night In

Don't forget to bring canned goods and toiletries for the food pantry.

Tuesday, August 20th - Leslie Goddard is "Lucille Ball"

This historical portrayal pays tribute to both the true comic legend and the real woman behind the myth.

Wednesday, August 21st - Men's Breakfast: Honey Jam**

Wednesday, August 21st - Ladies Breakfast: Suzette's Creperie**

Thursday, August 22nd - Resident Association Meeting

Friday, August 23rd - Chair Yoga

Friday, August 23rd - The Life and Legacy of St. Benedict by Sr. Mary

Monday, August 26th - Midday Movie: Cabrini

Tuesday, August 27th - Lunch at Gia Mia and Paddlewheel River Boat Trip**

Tuesday, August 27th - The Chosen

Wednesday, August 28th - History Buffs

Wednesday, August 28th - Foodie Club: Goat & Vine**

Thursday, August 29th - Steve Darnell: "Windy City on Air: Chicago and the Golden Age of Radio"

Thursday, August 29th - Windy City Happy Hour

Friday, August 30th - Chair Yoga

Saturday, August 31st - Venardo's Circus**

It is reinventing the American Circus tradition for a new generation with Broadway-style flair, bringing joy to people across the U.S. Theatre lovers and nostalgic circus fans alike will appreciate the intimate experience and sentimental way the show pays homage to circus traditions through the lens of high-quality entertainment for a modern family audience.