

Please Note: Sign Up for Programs Begins on April 20th at the Concierge Desk.

**College of DuPage
Continuing Education
Please sign up!**

*The Beatles: A Magical
History Tour***

Monday, June 5th — June 26th
10:00am-12:00pm
Art Studio
Cost: \$48

*How to Read a Book and
Really Enjoy It***

Monday, June 26th — July 31st
1:00pm-3:00pm
Art Studio
Cost: \$72

**Join Villa St. Benedict in
Fighting Back Against Cancer and
Celebrating Cancer Survivors**



**Saturday, May 20th, 2016
Meet by the Gazebo
9:00am**

For more information call Judi S. x7037

Resident Meetings



Resident Association Meeting

Thursday, May 18th
1:00pm
Piazza

**IL Resident Town Hall
Meeting with VSB Directors**

Wednesday, May 31st
10:00am
Piazza

All residents are welcome and
encouraged to attend.

**Benedictine University
Continuing Education
Please sign up!**

*Being Mortal: Illness, Death and God***

Tuesdays June 6th — June 27th
2:00pm-4:00pm
Art Studio
No Cost

You might want to purchase a book!

*Misallocations of Health Care:
A Study of Health Policy and Inequities
in the US Health Care***

Tuesdays, July 18th — August 8th
2:00-4:00pm
Art Studio
No Cost

You might want to purchase a book!

*Healthy Aspects of Aging***

Thursday, September 7th — December 7th
1:30pm-4:15pm
Art Studio
No Cost

HAPPY Mother's DAY

Hundreds of dewdrops to greet the dawn,
Hundreds of bees in the purple clover,
Hundreds of butterflies on the lawn,
But only one mother the wide world over.
-George Cooper

**Resident Council Election
Information**

May 18: Candidates will be introduced and will briefly state their goals at the Resident Association Meeting today at 1:00pm in the Piazza. All residents are welcome and encouraged to attend.

May 18 - May 23: Absentee ballots may be requested from the Concierge.

May 24: Election Day - Cast your vote in the Card Lounge from 8:00am to 3:00pm. After the votes are tabulated, an announcement will be posted by Elevators, Concierge Desk and Business Center.

Laughter Yoga is Back!

Thursdays
New Time: 1:30 pm
New Place: PEC



Villa St. Benedict
Hospitallity Respect Justice Stewardship

Villa Views

Villa St. Benedict
1920 Maple Avenue
Lisle, IL 60532

Volume 12 Issue 5
May 2017



May Outings



**Chicago
Sinfonietta****
Rightness in
Rhythm
Wentz Hall

**Friday,
May 12**
7:15pm-10:00pm
Cost:\$48

Syncopate, bounce, and swing your way through more than a century of music that explores the connections between jazz and classical...from ragtime to *Rhapsody in Blue* and beyond! Just as this season began with virtuosic piano performances, we come full circle with a final flurry of incandescent playing courtesy of the Marcus Roberts Trio including their own spin on *Rhapsody in Blue* that is **injected with improvisation**, making it unique every time it is performed.

Please sign up by April 28th

**Celebrating Armed Forces Day and
Memorial Day**

In the United States, **Armed Forces Day** is celebrated on the third Saturday in May. First observed on May 20th, 1950, the day was created on August 31st, 1949, to honor Americans serving in the five U.S. military branches – the U.S. Navy, U.S. Marine Corps, U.S. Air Force, U.S. Army and the U.S. Coast Guard - following the consolidation of the military services in the U.S. Department of Defense. The first Armed Forces Day was celebrated by parades, open houses, receptions and air shows. In 1962, President John F. Kennedy established Armed Forces Day as an official holiday. The United States' longest running city-sponsored Armed Forces Day Parade is held in Bremerton, Washington. In 2012, Bremerton celebrated the 64th year of the Armed Forces Day Parade.

Memorial Day, an American holiday observed on the last Monday of May, honors men and women who died while serving in the U.S. military. Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, at least, it marks the beginning of summer.

In-House Entertainment

Rex's Antiques**
Tuesday, May 2nd
1:30pm - Piazza
First 40 sign-ups will get an appraisal

Speaker: Mind Diet
Thursday, May 4th
3:30pm
Piazza



**Mother's Day Concert
with Candy Kresmery**
Friday, May 12th
2:00pm
Villa Center Dining Room

Friends of Harmony
Tuesday, May 16th
1:30pm
Piazza

Sandi Haynes Trio
60's Flower Power
Monday, May 22nd
1:30pm
Piazza

Silvertones Chorus
Tuesday, May 30th
1:30pm
Piazza



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>** - means must sign up</p> <p> Light walking</p> <p> Moderate walking</p> <p> Heavy walking</p> <p> Transportation Provided</p> <p><u>Sundays</u> Mass 10:00am</p>	<p>May Day 1</p> <p><u>Shopping</u>** 9:30-11:00am </p> <p>Mariano's, Jewel or Walgreens</p> <p><u>Giant Cross Word Puzzle</u> 1:30pm Art Studio</p> <p><u>Sherlock Holmes Group</u> 3:00pm Art Studio</p>	<p>2</p> <p><u>NCC Water Aerobics</u>** </p> <p>8:30am Naperville</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>Katie's Corner</u> 1:15pm</p> <p><u>Presentation: Rex Antiques</u>** 1:30pm Piazza</p> <p><u>Crafters Circle</u> 1:30-3:00pm</p> <p><u>Singing from Notes</u> *Cancelled*</p>	<p>3</p> <p><u>Morning Meditation</u> 9:00-9:30am Card Lounge</p> <p><u>Closed Caption Phone Presentation</u> 10:00am Art Studio</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>Out & About</u>** 12:30-2:30pm Walmart </p> <p><u>Joy of Dance</u>** 3:00-4:00pm Benedale 2nd Floor Conference Room</p> <p><u>Workshop: Evening Photography with Tom Phelan</u>** 7:00-9:00pm Cost \$10 Meet at the VC 2nd Floor Art Gallery</p>	<p>4</p> <p><u>Coumadin Clinic</u> 9:00-10:00am Health Clinic</p> <p><u>Water Color Painting Class</u>** 1:30-3:00pm Art Studio Cost: \$45</p> <p><u>Laughter Yoga</u> 1:30pm in the PEC</p> <p><u>Speaker: Mind Diet</u> 3:30pm Piazza</p>	<p>5</p> <p>Cinco de Mayo</p> <p><u>Kick Back and Color Group</u> 10:00am Business Center</p> <p><u>Shopping</u>** 12:30-2:30pm Yorktown </p> <p><u>Crafters Circle</u> 1:30-3:00pm</p> <p><u>Warm Water Arthritis Class</u>** </p> <p>1:30pm - 3:30pm Edward Fitness Center</p> <p><u>Bingo with Mills</u> 6:30pm in the Piazza</p>	<p>6</p> <p>Kentucky Derby</p> <p><u>Looking at Sunday Readings</u> 10:00am Art Studio</p> <p><u>Happy Hour</u> 4:00-7:00pm</p>
<p>7</p> <p><u>Mass</u> 10:00am</p> <p><u>Ageless Grace</u> 1:00-1:30pm Art Studio</p>	<p>8</p> <p><u>End of School Year Rockin'</u> </p> <p><u>Readers</u>** 9:00-11:00am Aurora</p> <p><u>Dr. Steed, Audiologist</u> Make an appointment with Concierge 9:00am-11:00am Health Clinic</p> <p><u>Shopping</u>** 9:30-11:00am </p> <p>Jewel Osco</p> <p><u>Shopping</u>** 1:15-2:45pm </p> <p>Aldi or Walgreens</p> <p><u>Noodle Volleyball</u> 1:30pm Piazza</p>	<p>9</p> <p><u>NCC Water Aerobics</u>** </p> <p>8:30am Naperville</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>Katie's Corner</u> 1:15pm</p> <p><u>Movie Mania</u> "San Francisco" 1:30pm Art Studio</p> <p><u>Crafters Circle</u> 1:30-3:00pm</p> <p><u>Singing from Notes</u> 2:00pm</p> <p><u>Hors d'oeuvres</u> 4:00-5:00pm</p>	<p>10</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>VSB Local</u>** </p> <p>12:30-2:30pm Lisle Area</p> <p><u>Spring Tea Luncheon</u>** Cost:\$12 12:30-2:00pm VC Dining Room</p> <p><u>Joy of Dance</u>** 3:00-4:00pm Benedale 2nd Floor Conference Room</p>	<p>11</p> <p><u>Water Color Painting Class</u>** 11 1:30-3:00pm Art Studio</p> <p><u>Laughter Yoga</u> 1:30pm in the PEC</p> <p><u>Midday Meditation</u> 3:00pm-3:30pm Card Lounge</p> <p><u>Book Club</u> Rebecca 2:00pm Art Studio</p> <p><u>Kids That Care</u>** 4:00-5:00pm Business Center</p>	<p>12</p> <p><u>Kick Back and Color Group</u> 10:00am Business Center</p> <p><u>Warm Water Arthritis Class</u>** </p> <p>1:30pm - 3:30pm Edward Fitness Center</p> <p><u>Mother's Day Concert with Candy Kresmery</u> 2:00pm Piazza</p> <p><u>Bingo with Mills</u> 6:30pm in the Piazza</p> <p><u>Chicago Sinfonietta</u>** Cost: \$48 <u>Rightness in Rhythm</u> </p> <p>7:15-10:00pm Wentz Concert Hall</p>	<p>13</p> <p><u>Looking at Sunday Readings</u> 10:00am Art Studio</p> <p><u>Poetry Society & Storytelling</u> 10:00am Card Lounge</p> <p><u>Happy Hour</u> 4:00-7:00pm</p>
<p>14</p> <p>Mother's Day</p> <p><u>Mass</u> 10:00am</p> <p><u>Ageless Grace</u> 1:00-1:30pm Art Studio</p> 	<p>15</p> <p><u>Shopping</u>** 9:30-11:00am </p> <p>Mariano's, Jewel or Walgreens</p> <p><u>Movie Outing</u>** TBA</p> <p><u>Alzheimer's/Dementia Spouse Support Group</u> 2:00pm VC Private Dining Room</p>	<p>16</p> <p><u>NCC Water Aerobics</u>** </p> <p>8:30am Naperville</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>Katie's Corner</u> 1:15pm</p> <p><u>Entertainment: Friends of Harmony</u> 1:30pm Piazza</p> <p><u>Crafters Circle</u> 1:30-3:00pm</p> <p><u>Singing from Notes</u> *Cancelled*</p> <p><u>Hors d'oeuvres</u> 4:00-5:00pm</p>	<p>17</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>Out & About</u>** **Cancelled**</p> <p><u>Joy of Dance</u>** 3:00-4:00pm Benedale 2nd Floor Conference Room</p>	<p>18</p> <p><u>Coumadin Clinic</u> 9:00-10:00am Health Clinic</p> <p><u>Laughter Yoga</u> **Cancelled**</p> <p><u>Resident Association Meeting</u> 1:00pm in the Piazza</p> <p><u>Wine Tasting</u>** 4:00-5:00pm Lounge</p>	<p>19</p> <p><u>Kick Back and Color Group</u> 10:00am Business Center</p> <p><u>Crafters Circle</u> 1:30-3:00pm</p> <p><u>Lilacia Park</u>** 1:30-4:30pm </p> <p>Bring \$ for a stop at Dairy Queen</p> <p><u>Warm Water Arthritis Class</u>** </p> <p>1:30pm - 3:30pm Edward Fitness Center</p> <p><u>Bingo with Mills</u> 6:30pm in the Piazza</p>	<p>20</p> <p>Armed Forces Day</p> <p><u>Fighting Back Against Cancer Walk</u> 9:00am Meet by Gazebo</p> <p><u>Pawsitive Therapy Visits</u> 9:30-11:00am Benedale 1st Floor Gathering Space</p> <p><u>Looking at Sunday Readings</u> 10:00am Art Studio</p>
<p>21</p> <p><u>Mass</u> 10:00am</p> <p><u>Ageless Grace</u> 1:00-1:30pm Art Studio</p>	<p>22</p> <p><u>Shopping</u>** 9:30-11:00am </p> <p>Jewel Osco</p> <p><u>Entertainment: Sandi Haynes Trio - 60's Flower Power</u> 1:30pm in the Piazza</p> <p><u>Shopping</u>** 1:15-2:45pm </p> <p>Aldi or Walgreens</p> <p><u>Sherlock Holmes Group</u> 3:00pm Art Studio</p>	<p>23</p> <p><u>NCC Water Aerobics</u>** </p> <p>8:30am Naperville</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>Katie's Corner</u> 1:15pm</p> <p><u>Health Talk with Dr. Tom</u> Topic: Back Pain 3:00pm Art Studio</p> <p><u>Crafters Circle</u> 1:30-3:00pm</p> <p><u>Singing from Notes</u> 2:00pm</p> <p><u>Hors d'oeuvres</u> 4:00-5:00pm</p> <p><u>Dementia Education Series</u> 7:15pm RSVP at x7044</p>	<p>24</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>Progressive Eye Care Frame Adjustments</u> 10:30am-12:00pm Heath Clinic</p> <p><u>VSB Local</u>** </p> <p>12:30-2:30pm Lisle Area</p> <p><u>Crafts Around the World</u>** Australia - 2:30pm Art Studio Cost: \$10</p> <p><u>Joy of Dance</u>** 3:00-4:00pm Benedale 2nd Floor Conference Room</p>	<p>25</p> <p><u>Water Color Painting Class</u>** 25 1:30-3:00pm Art Studio</p> <p><u>Laughter Yoga</u> 1:30pm in the PEC</p> <p><u>Top Chef Competition</u> 2:00pm Piazza</p> <p><u>Midday Meditation</u> 3:00-3:30pm Card Lounge</p> <p><u>Kids That Care</u>** 4:00-5:00pm Business Center</p>	<p>26</p> <p><u>Kick Back and Color Group</u> 10:00am Business Center</p> <p><u>Crafters Circle</u> 1:30pm-3:00pm</p> <p><u>Warm Water Arthritis Class</u>** </p> <p>1:30pm - 3:30pm Edward Fitness Center</p> <p><u>Bingo with Mills</u> 6:30pm in the Piazza</p>	<p>27</p> <p><u>Looking at Sunday Readings</u> 10:00am Art Studio</p> <p><u>Happy Hour</u> 4:00-7:00pm</p>
<p>28</p> <p><u>Mass</u> 10:00am</p> <p><u>Ageless Grace</u> 1:00-1:30pm Art Studio</p>	<p>29</p> <p>Memorial Day</p>  <p>Staff Holiday Bistro & Lounge closed PEC not staffed</p>	<p>30</p> <p><u>NCC Water Aerobics</u>** </p> <p>8:30am Naperville</p> <p><u>Chair Chi</u> 10:00am 4th Floor Parlor</p> <p><u>Katie's Corner</u> 1:15pm</p> <p><u>Crafters Circle</u> 1:30-3:00pm</p> <p><u>Entertainment:</u> <u>Silvertones</u> 1:30pm Piazza</p> <p><u>Singing from Note</u> *Cancelled*</p>	<p>31</p> <p><u>Chair Chi</u> **cancelled**</p> <p><u>IL Resident Town Hall Meeting with VSB Directors</u> 10:00am in the Piazza</p> <p><u>Out & About</u>** </p> <p>12:30-2:30pm Dollar Tree</p> <p><u>Joy of Dance</u>** 3:00-4:00pm Benedale 2nd Floor Conference Room</p>	<p><u>Mondays</u> Sit & Be Fit 9:00am Bridge 1:00pm Bingo 1:30pm 2nd/4th Happy Hour 4:00-7:00</p> <p><u>Tuesdays</u> Pinochle 9:00am Sit & Be Fit 9:00am Crafters Circle 1:30pm Happy Hour 4:00-7:00pm Cards & Games 6:30pm Poker 6:30pm</p>	<p><u>Wednesdays</u> Blood Pressure 9:30-10:30am Right Left Center 3:00pm Happy Hour 4:00-7:00pm</p> <p><u>Thursdays</u> Coumadin Clinic 9:00-10:00am 1st/3rd Pinochle 1:00pm Mah Jongg 1:15pm Knitting with a Purpose 1:15-3:00pm Happy Hour 4:00-7:00pm</p>	<p><u>Fridays</u> Sit & Be Fit 9:00am Cards & Games 1:00pm Crafters Circle 1:30pm Happy Hour 4:00-7:00pm Billiards & Pool 7:00pm</p> <p><u>Saturdays</u> Pinochle 9:00am Rummikub 1:00pm Happy Hour 4:00-7:00pm</p>