

# In House Events

St. Joseph's Table  
VSB's Annual Celebration  
Friday, March 19th  
12:15-2:00pm  
Art Studio  
Cost: \$7 Buffet of meatless  
dishes, salads, desserts, beverages  
& more!  
Sign up by 3/8

## Health & Wellness

**Lunch & Learn**  
Topic: Between Meal Snacks  
Tuesday, March 2nd  
12:15-1:00pm  
Bring your lunch to the Art Studio.

**Kick Off to Healthy Nutrition Month**  
Program by Culinary Services  
Monday, March 8th  
9:45-10:30am in the Piazza

**The Benefits of Strength Training in Older Adults**  
Join in the discussion with Tracy Camaj, Physical  
Therapist with the Doctors of Physical Therapy  
Monday, March 8th  
3:00pm in the Art Studio

**Coffee & Conversation**  
Topic: Sodium in Foods  
Friday, March 12th  
8:30am in the VC Dining Room

**Health & Wellness Talk**  
Topic: TBA  
Friday, March 12th  
9:30am in the Art Studio

**Coffee & Conversation**  
Topic: High Fiber Cereals  
Friday, March 19th  
8:30am in the VC Dining Room

**Lunch & Learn**  
Topic: Grains  
Tuesday, March 23rd  
12:15-1:00pm in the Art Studio

You are invited!  
St. Patrick's Day Party  
Wednesday, March 17th  
6:30-7:30pm  
The Tim Wilsey Trio performs!  
Refreshments will be served.  
Sign up by 3/12

## Crafter's Corner

Party Creations  
Friday, March 5th  
10:00-11:30am  
Art Studio  
Sign up by 3/2  
Help create centerpieces  
for the St. Patrick's Day  
Party. Treats will be served!

Creative Crafts - Bird Houses  
Monday, March 29th  
1:30-3:00pm  
Cost: \$10  
Art Studio  
Sign up by 3/25  
Bird houses will be decorated  
with river rocks.



VSB Book Club  
*The Zookeeper's Wife*  
by Diane Ackerman  
Thursday, March 11th  
2:00pm in the Art  
Studio



Brown Bag Lunch  
Tuesday, March 9th  
12:15-1:15pm  
Art Studio  
Sign up by 3/5



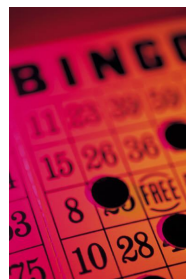
Bring your lunch.  
Mystery Guest (??)  
and beverages will be  
provided.

## In House Entertainment

Kidz in the Biz  
Sunday, March 21st  
7:00pm in the Piazza  
Sign up by 3/18

Radio Players Comedy Show  
Tuesday, March 23rd  
7:00pm in the Piazza  
Sign up by 3/19

Whole House Bingo  
Tuesday, March 30th  
1:30pm  
Benedale Center  
Dining Room  
No cost  
Sign up by 3/26



Villa St. Benedict  
Hospitality Respect Justice Stewardship

# Villa Views

Villa St. Benedict  
1920 Maple Avenue  
Lisle, IL 60532

March 2010



## March 2010 Out on the Town



**Over the Tavern**  
Pheasant Run  
Theater  
Lunch & Show  
Thursday  
March 4, 2010  
Lv 11:15am  
Rt 5:00pm  
Cost: \$42.00

A hilarious and touching family comedy! The Pazinski's live above their tavern with their four teenagers, each questioning family values in their own mischievous ways.  
Please Sign up by February 19, 2010

**Into the Woods**  
Benet Academy  
Spring Musical  
(dress rehearsal)  
Wednesday  
March 10, 2010  
Lv 5:30pm  
Rt 9:00pm  
Cost: \$5.00

Into the Woods combines the well-known fairy tales of Cinderella, Rapunzel, Jack & the Beanstalk, & Little Red Riding Hood with the story of the baker & his wife who desperately want a child. A witch has cursed the couple and in order to remove the curse the couple must perform various missions involving the characters in the other fairy tales. There are many lessons throughout this musical. You will be sure and enjoy the talents demonstrated by the BA students- they are a joy to watch.  
Please Sign up by February 24, 2010

The Midwest Ballet  
Presents  
**Peter Pan**  
Tivoli Theater  
Downers Grove  
Saturday  
March 13, 2010  
Lv 12:30pm  
Rt 4:00pm  
Cost: \$2.00

Join Captain Hook, Tinker Bell, the Crocodile and all the rest of the gang when the Midwest Ballet Theatre presents its full-length original story ballet. VSB has been blessed to be given tickets for this performance as it has for the past four years. The MBT does a remarkable job with each of its performances. Join us and relive a magical story you most likely read to your children and nieces & nephews.  
Please Sign up by February 26, 2010

The Chicago  
**Flower & Garden Show**  
Navy Pier  
Thursday  
March 11, 2010  
Lv 9:00am  
Rt 3:00pm  
Cost: \$21.00

After two long months of COLD weather, you can treat yourself to a wonderful touch of spring. Upon entering the show you are transformed into a world of the most beautiful flowers. This year's theme is "Cultivating Great Performances". Don't miss this chance to escape, if only for a few hours, you deserve it.  
Please Sign up by March 1, 2020

**The Patty Waszak Celebration of St. Patrick's Day**  
Jacob Henry Mansion  
Victorian Ballroom  
Tuesday  
March 16, 2010  
Lv 10:45am  
Rt 3:00pm  
Cost: \$39.00

Everyone is Irish on this day, don your green and join in on what promises to be a fun celebration. Patty Waszak has performed at VSB several times in the past and is a true entertainer. The variety show will feature your favorite Irish songs. To complement the entertainment you will enjoy a traditional Irish meal of corned beef and cabbage with all the trimmings. To add to this you will be in the beautiful Jacob Henry Mansion and sure to be treated like Irish royalty.  
Please Sign up by March 1, 2020

*The Last*  
Metropolitan Opera  
2009/2010  
Season  
**"Hamlet"**  
Saturday  
March 27, 2010  
Lv 11:00am  
Rt 4:30pm  
Cost: \$22.00

What a wonderful season this has been and one of the finest operas presented to end this season on a high note. You will experience Simon Keenlyside and Natalie Dessay as they bring their extraordinary acting and singing skills to two unforgettable characters in this new production of Ambroise Thomas's Hamlet. Ophelia, the French composer created an extended mad scene that is among the greatest in opera. What a wonderful way to spend a Saturday afternoon. Join us won't you?  
Please Sign up by March 19, 2020

Villa St. Benedict  
1920 Maple Ave.  
Lisle, IL 60532



# March 2010



Independent Living Programs  
630-725-7113  
ILPrograms@villastben.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Mondays</b> Sit &amp; Be Fit 9:00am Bingo 1:00pm 2nd/4th Bridge &amp; Pinochle 1:00pm Scrabble 3:00pm Happy Hour 4:00-7:00pm</p> <p><b>Tuesdays</b> Sit &amp; Be Fit 9:00am Happy Hour 4:00-7:00pm Cards &amp; Games 6:30pm Poker 7:00pm</p>	<p><b>Shopping**</b> 9:30-11:00am Ultra Foods 🍷🍷</p> <p><b>Post Office, Village Hall or Library**</b> 3:00pm 🍷</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Chair Yoga**</b> 9:30am</p> <p><b>Lunch &amp; Learn**</b> 12:15-1:00pm Topic: Between Meal Snacks</p> <p><b>Singing From Notes</b> 2:00pm with Joe Gallagher</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Senior Day Shopping**</b> 🍷🍷 12:30-2:30pm Wal-Mart</p> <p><b>Happy Hour</b> 4:00-7:00pm</p> <p><b>Bingo Night</b> 6:30pm Hosted by Resident Programs Committee</p>	<p><b>Coumadin Clinic</b> 9:00-10:00am</p> <p><b>Over the Tavern**</b> 11:15-5:00pm Cost: \$42.00 (lunch &amp; show) Presented at Pheasant Run Theatre. 🍷🍷</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Men's Breakfast**</b> 10:15am Come, chat, eat, shoot pool!</p> <p><b>Party Creations**</b> 10:00-11:30am Help create centerpieces for the St. Patrick's Day Party.</p> <p><b>Shopping**</b> 12:30-3:30pm Yorktown or Kohl's 🍷🍷</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Bingo with George</b> 1:30pm No cost 2nd floor Conference Room - Benedale Center</p> <p><b>Saturday Videos</b> 3:00 &amp; 7:00pm Channel 4</p> <p><b>Katharine Hepburn</b> (1996) Biography 50 mins.</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>
<p><b>Mass</b> 10:00am</p> <p><b>Sunday at the Movies</b> 2:00pm <i>The Prize Winner of Defiance, Ohio</i> (2005) Drama PG-13 99 min. Julianne Moore &amp; Woody Harrelson</p>	<p><b>Shopping**</b> 9:30-11:00am 🍷 Jewel, Walgreens or Aldi</p> <p><b>Kick Off to Healthy Nutrition Month**</b> 9:45-10:30am Program by Culinary Services in the Piazza</p> <p><b>Bingo</b> 1:00pm</p> <p><b>The Benefits of Strength Training for Older Adults**</b> 3:00pm in the Art Studio</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Chair Yoga**</b> 9:30am</p> <p><b>Brown Bag Lunch**</b> 12:15-1:15pm Bring your lunch to the Art Studio. <i>Mystery Guest</i> and beverage will be provided.</p> <p><b>Singing From Notes</b> 2:00pm with Joe Gallagher</p> <p><b>Bible Study</b> 2:30pm</p> <p><b>Happy Hour</b> 4:00-7:00pm</p> <p><b>Bingo Night</b> 6:30pm</p>	<p><b>The Gift of Years</b> 10:00am 10</p> <p><b>AARP-Taxes**</b> 12:00-4:00pm Shuttle to the Meadows - 🍷🍷 details to follow</p> <p><b>Senior Day Shopping**</b> 🍷🍷 12:30-2:30pm Factory Card Outlet</p> <p><b>Happy Hour</b> 4:00-7:00pm</p> <p><b>Into the Woods - Musical**</b> 🍷 Time: 5:30-9:00pm Cost: \$5 Dress rehearsal at Benet Academy</p>	<p><b>Chicago Flower &amp; Garden Show**</b> 9:00-3:00pm 🍷🍷🍷 Cost: \$21</p> <p><b>The Gift of Years</b> 10:00am</p> <p><b>VSB Book Club</b> 2:00-3:00pm</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Coffee &amp; Conversation**</b> 12 8:30am in the VC Dining Room Topic: Sodium in Foods</p> <p><b>Health &amp; Wellness Talk**</b> 9:30 am in the Art Studio Topic: TBA</p> <p><b>Wii Bowling Banquet**</b> **Session 10 Bowlers Only** 12:30pm in the Art Studio</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Peter Pan**</b> 12:30-3:30pm 13 Cost: \$2 Presented by the 🍷🍷 Midwest Ballet Theatre</p> <p><b>Bingo with George</b> 1:30pm No cost 2nd floor Conference Room - Benedale Center</p> <p><b>Saturday Videos</b> 3:00 &amp; 7:00pm Channel 4</p> <p><b>A Place For Annie</b> (1995) PG 98 mins. Sissy Spacek &amp; Mary-Louise Parker</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>
<p>Daylight Saving Time Begins 14</p> <p><b>Mass</b> 10:00am</p> <p><b>Sunday at the Movies</b> 2:00pm <i>Grey Gardens</i> (2009) Drama NR 103 min. Drew Barrymore &amp; Jessica Lange</p>	<p><b>Shopping**</b> 9:30-11:00am 15 Butera Market 🍷🍷</p> <p><b>Everything You Want to Know About Being a Benedictine</b> 3:00pm in the Art Studio</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Chair Yoga**</b> 9:30am 16 (make up class)</p> <p><b>Jacob Henry Mansion - St. Patrick's Day Celebration with Patty Waszak**</b> 10:45-3:00pm Cost: \$39 (lunch &amp; show)</p> <p><b>Happy Hour</b> 4:00-7:00pm</p> <p><b>Bingo Night</b> 6:30pm</p>	<p><b>St. Patrick's Day</b> 17</p> <p><b>Senior Day Shopping**</b> 🍷🍷 12:30-2:30 Dollar Tree/K-Mart</p> <p><b>Happy Hour</b> 4:00-7:00pm</p> <p><b>St. Patrick's Day Party**</b> 6:30-7:30pm The Tim Wilsey Trio performs! Refreshments will be served. 🍷</p>	<p><b>Coumadin Clinic</b> 9:00-10:00am 18</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Feast of St. Joseph</b> 19</p> <p><b>Coffee &amp; Conversation**</b> 8:30am in the VC Dining Room Topic: High Fiber Cereals</p> <p><b>St. Joseph's Table**</b> 12:15-2:00pm Cost: \$7 Buffet of meatless dishes, salads, desserts, beverages &amp; more.</p> <p><b>Shopping**</b> 12:30-3:30pm Yorktown or Target 🍷🍷</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Spring Begins</b> 20</p> <p><b>Bingo with George</b> 1:30pm No cost 2nd floor Conference Room - Benedale Center</p> <p><b>Saturday Videos</b> 3:00 &amp; 7:00pm Channel 4</p> <p><b>Out of Africa</b> (1985) Winner of 7 Academy Awards Romance 161 min. Robert Redford &amp; Meryl Streep</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>
<p><b>Mass</b> 10:00am 21</p> <p><b>Sunday at the Movies</b> 2:00pm <i>Adam</i> (2009) Romance PG-13 99 min. Hugh Dancy &amp; Rose Byrne</p> <p><b>Kidz in the Biz**</b> 7:00pm Come to the Piazza and enjoy this talented troop of kids as they entertain you!</p>	<p><b>Feast of St. Benedict</b> 22</p> <p><b>Shopping**</b> 9:30-11:00am Jewel, Walgreens or Aldi 🍷🍷</p> <p><b>Bingo</b> 1:00pm</p> <p><b>Life &amp; Legacy of St. Benedict</b> 3:00pm in the Art Studio</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>New Session Chair Yoga**</b> 9:30am 23</p> <p><b>Lunch &amp; Learn**</b> 12:15-1:00pm Topic: Grains</p> <p><b>Singing From Notes**</b> 2:00pm with Joe Gallagher</p> <p><b>Happy Hour</b> 4:00-7:00pm</p> <p><b>Radio Players Comedy Show**</b> 7:00pm in the Piazza</p>	<p><b>The Gift of Years</b> 10:00am 24</p> <p><b>Senior Day Shopping**</b> 🍷🍷 12:30-2:30pm Downtown Lisle</p> <p><b>Communal Reconciliation of Penance</b> 3:00pm in the Chapel</p> <p><b>Happy Hour</b> 4:00-7:00pm</p> <p><b>Bingo Night</b> 6:30pm</p> <p><b>Alzheimer's/Dementia Support Group</b> 6:30pm</p>	<p><b>Breakfast Club**</b> 8:00-10:30am 25 Cost: \$1 Order off of the menu at Travelers Café &amp; Ice Cream Depot in Westmont 🍷</p> <p><b>The Gift of Years</b> 10:00am</p> <p><b>Wii Bowling Rematch with Independence Village**</b> 🍷 1:30-4:30pm Wear red &amp; white!</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Movie Matinee Outing**</b> 🍷 26 12:00pm Cost: \$5.75 Movie TBA Cinemark Theatre</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Metropolitan Opera presents Hamlet**</b> 11:00-4:30pm Cost: \$22 Seven Bridges Theatre 🍷🍷</p> <p><b>Bingo with George</b> 1:30pm No cost 2nd floor Conference Room - Benedale Center</p> <p><b>Saturday Videos</b> 3:00 &amp; 7:00pm Channel 4</p> <p><b>My Big Fat Greek Wedding</b> Comedy PG 95 min. Nia Vardalos &amp; John Corbett</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>
<p><b>Palm Sunday</b> 28</p> <p><b>Mass</b> 10:00am</p> <p><b>Sunday at the Movies</b> 2:00pm <i>The Maiden Heist</i> (2008) Comedy PG-13 90 min. Morgan Freeman, William H. Macy &amp; Christopher Walken</p>	<p><b>Passover Begins</b> 29</p> <p><b>Shopping**</b> 9:30-11:00am Ultra Foods 🍷🍷</p> <p><b>Creative Crafts-Bird Houses**</b> 1:30-3:00pm Cost: \$10 Bird houses will be decorated with river rocks.</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Chair Yoga**</b> 9:30am 30</p> <p><b>Whole House Bingo**</b> 1:30pm Special prizes! Come to the Benedale Center Dining Room.</p> <p><b>Singing From Notes**</b> 2:00pm with Joe Gallagher</p> <p><b>Happy Hour</b> 4:00-7:00pm</p>	<p><b>Senior Day Shopping**</b> 31 12:30-2:30pm Meijer 🍷🍷</p> <p><b>Happy Hour</b> 4:00-7:00pm</p> <p><b>Bingo Night</b> 6:30pm Hosted by Resident Programs Committee</p>	<p><b>Wednesdays</b> Sit &amp; Be Fit 9:00am Blood Pressure 9:30-10:30am Centering Prayer 10:00am Right Left Center 3:00pm Happy Hour 4:00-7:00pm</p> <p><b>Thursdays</b> Sit &amp; Be Fit 9:00am Coumadin Clinic 9-10:00am 1st/3rd Mah Jongg 1:00pm Pinochle 1:00pm Needles &amp; Pins 1:30pm Happy Hour 4:00-7:00pm</p>	<p><b>Fridays</b> Sit &amp; Be Fit 9:00am Cards &amp; Games 1:00pm Pinochle 1:00pm Happy Hour 4:00-7:00pm Billiards &amp; Pool 7:00pm Poker 7:00pm</p>	<p><b>Saturdays</b> Pinochle 1:00pm Rummikub 1:00pm Happy Hour 4-7pm</p> <p><b>Sundays</b> Mass 10:00am Poker 1:00pm</p>

Mass at Sacred Heart: Mon-Sat. 11:30 am Reconciliation/Confession: 3:30pm 4th, 17th, 25th, 31st Rosary: 4:10pm Chapel Looking at Sunday Readings Fri. 10:00am Card Lounge Stations of the Cross: 3:00pm 5th, 12th, 19th, 26th