

In House Happenings

Health & Wellness

Coffee & Conversation
Topic: Pros & Cons of Tea
 Friday, April 9th
 8:30am in the VC Dining Room
Sign up by 4/6

Health & Wellness Talk
Topic: Cardiovascular Disease
 Friday, April 9th
 9:30am in the Art Studio
Sign up by 4/6

Why Stretching is Important
 A discussion with Tracy Camaj,
 Physical Therapist with the
 Doctors of Physical Therapy
 Monday, April 12th
 3:00pm in the Art Studio
Sign up by 4/9

Lunch & Learn
Topic: Water Tasting
 Tuesday, April 13th
 12:15-1:00pm in the Art Studio
 Bring your lunch!
Sign up by 4/9

Coffee & Conversation
Topic: Fruit & Healthy Dip
 Friday, April 30th
 8:30am in the VC Dining Room
Sign up by 4/27

In House Entertainment

Jeffrey Deutsch
 Thursday, April 8th
 7:00-8:00pm in the Piazza
Sign up by 4/5

Naperville North Jazz, Vocal & Dance
Songs of the 40's
 Tuesday, April 13th
 7:00pm in the Piazza
Sign up by 4/9

Magic Show with Jeanette Andrews
 Thursday, April 22nd
 6:30-7:30pm in the Piazza
 Family & friends are welcome!
Sign up by 4/19

Coffee & Conversation
 State Representative, Michael Connelly
 Friday, April 16th
 8:30 am in the VC Dining Room

Come and meet State Representative, Michael Connelly. Mr. Connelly was born in Chicago and raised in LaGrange. He graduated from Loyola University in 1986 and the John Marshall Law School in 1989. He served as an Assistant State's Attorney in Cook County, a law clerk to Justice Allen Stouder of the Illinois Appellate Court and has been engaged in the private practice of law for over 16 years.

Mr. Connelly served as a Trustee on the Village of Lisle Board of Trustees. He initiated and spearheaded the award winning Village of Lisle/Benedictine University Sports Complex project. For his efforts, the Daily Herald named him Man of the Year in 2004.

From 2006 to 2008, Representative Connelly represented Naperville, Lisle and Aurora as a Commissioner on the DuPage County Board. He served as Chairman of the Economic Development Committee and the Emergency Telephone Safety Board (911 Board) and was a member of the Judicial Public Safety, Legislative and Environmental Committees.

In 2007, he received the Award of Excellence in Government from the Illinois State Crime Commission. In 2008, he was awarded the Bishop Sheil Award from the Illinois Police Athletic League.

He and his wife Lisa have been married 20 years and have three children.

Garden Club Meeting
 Wednesday, April 7th
 9:45 am in the Art Studio
 We will take a tour of the
 Greenhouse!



**Earth Day -
 Let's Do
 More!**



Thursday, April 22nd
 2:00pm in the Art Studio
 Join the discussion with
 Sister Mary!

Spring Fling
 Wednesday, April 21st
 11:00-2:00pm in the Piazza
 Entertainment, Crafts, Bake
 Sale - Benefits the
 VSB Employee
 Foundation.
 Don't miss the
 fun!



Spring Salad Pot Luck
 Tuesday, April 27th
 12:15-1:30pm
 Art Studio
 Salad & beverages
 will be provided.
 Bring your favorite
 salad topping!
Sign up by 4/23



 Villa St. Benedict
 Hospitality Justice
 Respect Stewardship

Villa Views

Villa St. Benedict
 1920 Maple Avenue
 Lisle, IL 60532

April 2010

April 2010 - Out on the Town

Lunch Bunch
Buca di Beppo
Italian
Restaurant
 Lombard

Tuesday
 April 6, 2010
 Lv 11:00am
 Rt 2:00pm
 Cost: \$18.50



Naperville
Municipal Band
Spring Concert

Sunday
 April 11, 2010
 Lv 2:15pm
 Rt 5:00pm
 Cost: \$1



Drury Lane
Theatre presents
Ragtime

Wednesday
 April 14, 2010
 Lv 11:15am
 Rt 5:00pm
 Cost: \$45.00



Needles
&
Pins Outing

Thursday
 April 15, 2010
 Lv 1:00pm
 Rt 3:00pm
 Cost: \$1



Naperville Men's
Glee Club
Spring Concert

Sunday
 April 25, 2010
 Lv 2:45pm
 Rt 5:30pm
 Cost: TBA



Billy Graham
Archive Center
& Museum
(& lunch)

Thursday
 April 29, 2010
 Lv 10:00am
 Rt 3:00pm
 Cost: \$15 includes
 donation & lunch

Join us for a unique dining experience at Buca di Beppo. Dine with friends while enjoying the Italian traditions of food, friendship and hospitality. In the spirit of Italian culture, we will be served family style. The meal starts with Garlic Bread and a Mixed Greens Salad. Spaghetti with Meatballs and Penne San Remo (chicken breast with artichoke hearts, sun-dried tomatoes and peas tossed with penne pasta in a white wine cream sauce) will then be served. Unlimited soft drinks, coffee or tea and a sweet treat round off the meal.

Please sign up by April 1, 2010



We have enjoyed the Naperville Municipal Band Concerts over the past years and this one is sure to be just as enjoyable. The Band offers all of their concerts for free as their gift to the community. The professional quality of the Naperville Municipal Band is a true joy.

Please sign up by April 7, 2010



Ragtime is a story that weaves together historical figures and three fictitious families. Its sweeping score and beautifully woven plot so accurately portray the human condition that more than a century later we see the characters' struggles & triumphs still mirror our own. You will enjoy a delicious lunch prior to the play.

Please sign up by April 2, 2010



The Needles and Pins Group would like to extend an invitation to anyone interested in joining them on their monthly outing. We are heading out to Michaels Craft Store with a stop at Bakers Square to enjoy a slice of pie. So come for the crafts, come for a ride or come for the pie!

Please sign up by April 13, 2010



The Naperville Men's Glee Club is proud to present their Annual Spring Concert, Linked in Spring. Come join us as we are treated to the wonderful sounds of this fine Men's Glee Club. This event will be held at Wentz Concert Hall on the North Central College Campus.

Please sign up by April 21, 2010



The Billy Graham Archive Center invites you to come explore their treasure trove - a wealth of information on missions and church history as well as major religious, political, social and military events of the nineteenth and twentieth centuries such as Billy Graham Crusades, the lives and deaths of martyrs, the Boxer Rebellion, and World War II. We will then have lunch at Wheaton College and continue the experience by viewing the Timothy R. Botts' Show, Bound for Glory. Mr. Botts was a previous Encore Series Speaker at VSB.

Please sign up by April 22, 2010





Villa St. Benedict
1920 Maple Ave.
Lisle, IL 60532



April 2010



Independent Living Programs
630-725-7113
ILPrograms@villastben.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Mondays Sit & Be Fit 9:00am Bingo 1:00pm 2nd/4th Bridge & Pinochle 1:00pm Scrabble 3:00pm Happy Hour 4:00-7:00pm</p> <p>Tuesdays Sit & Be Fit 9:00am Happy Hour 4:00-7:00pm Cards & Games 6:30pm Poker 7:00pm</p>	<p>Wednesdays Sit & Be Fit 9:00am Blood Pressure 9:30-10:30am Centering Prayer 10:00am Right Left Center 3:00pm Happy Hour 4:00-7:00pm</p> <p>Thursdays Sit & Be Fit 9:00am Coumadin Clinic 9-10:00am 1st/3rd Mah Jongg 1:00pm Pinochle 1:00pm Needles & Pins 1:30pm Happy Hour 4:00-7:00pm</p>	<p>Fridays Sit & Be Fit 9:00am Cards & Games 1:00pm Pinochle 1:00pm Happy Hour 4:00-7:00pm Billiards & Pool 7:00pm Poker 7:00pm</p>	<p>Saturdays Pinochle 1:00pm Rummikub 1:00pm Happy Hour 4:00-7:00pm</p> <p>Sundays Mass 10:00am Poker 1:00pm</p>	<p>Holy Thursday April Fools Day 1 Coumadin Clinic 9:00-10:00am Remembering & Ritualizing the Sacred Triduum 1:00pm Benedictine Nutrition Fair** 2:30-3:30pm No Cost 🍷🍷 Happy Hour 4:00-7:00pm Holy Thursday Mass 7:00pm</p>	<p>Good Friday 2 Good Friday Liturgy 3:00pm Happy Hour 4:00-7:00pm</p> 	<p>Holy Saturday 3 Bingo with George 1:30pm No cost 2nd Floor Conference Room Saturday Video 3:00 & 7:00pm Channel 4 Cold Comfort Farm (1995) Comedy PG 105 min. Kate Beckinsale & Ivan Kaye Happy Hour 4:00-7:00pm Easter Vigil 7:45pm in the Chapel</p>
<p>Easter Sunday 4 Mass 10:00am Sunday at the Movies 2:00pm Breathing Lessons (2003) Comedy PG 98 min. James Garner & Joanne Woodward</p> 	<p>5 Shopping** 9:30-11:00am Jewel, Walgreens or Aldi 🍷🍷 Creative Crafts - Spring Pins** 1:30pm Cost: \$3 Post Office, Village Hall or Library** 3:00pm 🍷 Happy Hour 4:00-7:00pm</p>	<p>6 Chair Yoga** 9:30am Lunch Bunch** 11:00-2:00pm 🍷 Cost: \$18.50 Family style meal at Buca di Beppo Italian Restaurant Singing From Notes 2:00pm with Joe Gallagher Happy Hour 4:00-7:00pm</p>	<p>7 Garden Club Meeting** 9:45am Meet in the Art Studio and we will tour the Greenhouse. Senior Day Shopping** 🍷🍷 12:30-2:30pm Factory Card Outlet Happy Hour 4:00-7:00pm Bingo Night 6:30pm Hosted by Resident Programs Committee</p>	<p>8 Brown Bag Lunch 12:15-1:15pm Mystery Guest & beverages will be provided. Bring your lunch to the Art Studio! Book Club 2:00pm Art Studio Bad Faith by Aimee & David Thurlo Happy Hour 4:00-7:00pm Jeffrey Deutsch 7:00-8:00pm in the Piazza</p>	<p>9 Coffee & Conversation 8:30am in the VC Dining Room Topic: Pros & Cons of Tea Health & Wellness Talk 9:30am in the Art Studio Topic: Cardiovascular Disease Funny Fridays 2:00pm Ch. 4 Funniest Moments of the Century - Favorite Moments of the Stars 60 min. Happy Hour 4:00-7:00pm</p>	<p>10 Bingo with George 1:30pm No cost 2nd Floor Conference Room Saturday Video 3:00 & 7:00pm Channel 4 Emma (1996) Romantic Comedy PG 123 min. Ewan McGregor & Gwyneth Paltrow Happy Hour 4:00-7:00pm</p>
<p>11 Mass 10:00am Sunday at the Movies 2:00pm Shakespeare in Love (1998) Romance R (sexuality) 122 min. Judi Dench & Gwyneth Paltrow Naperville Municipal Band Spring Concert** 2:15-5:00pm Cost: \$1 Performed at 🍷🍷 Naperville North High School</p>	<p>12 Shopping** 9:30-11:00am Butera Market 🍷🍷 Bingo 1:00pm Why Stretching is Important 3:00pm Discussion with Tracy Camaj in the Art Studio Happy Hour 4:00-7:00pm</p>	<p>13 Chair Yoga** 9:30am Lunch & Learn 12:15-1:00pm Topic: Water Tasting Singing From Notes 2:00pm with Joe Gallagher Bible Study 2:30pm Happy Hour 4:00-7:00pm Naperville North Jazz, Vocal & Dance - Songs of the 40's 7:00pm in the Piazza</p>	<p>14 Land Arthritis Class** 9:00am The Gift of Years 10:00am Drury Lane Theatre-Ragtime** 11:15-5:00pm Cost: \$45 (lunch & show) 🍷🍷 Senior Day Shopping** 🍷🍷 12:30-2:30 Dollar Tree/K-Mart Happy Hour 4:00-7:00pm Bingo Night 6:30pm</p>	<p>15 Tax Day 15 Coumadin Clinic 9:00-10:00am The Gift of Years 10:00am Needles & Pins Outing** 🍷🍷 1:00-3:00pm Cost: \$1 Shop for your craft supplies at Michaels & stop at Bakers Square! Happy Hour 4:00-7:00pm</p>	<p>16 Coffee & Conversation 8:30am in the VC Dining Room Meet State Representative, Michael Connelly Shopping** 12:30-3:30pm Yorktown or Target 🍷🍷 Happy Hour 4:00-7:00pm</p>	<p>17 Bingo with George 1:30pm No cost 2nd Floor Conference Room Saturday Video 3:00 & 7:00pm Channel 4 Up (2009) Family PG 96 min. Edward Asner & Christopher Plummer Happy Hour 4:00-7:00pm</p>
<p>18 Mass 10:00am Sunday at the Movies 2:00pm Up (2009) Family PG 96 min. Edward Asner & Christopher Plummer</p>	<p>19 Shopping** 9:30-11:00am Jewel, Walgreens or Aldi 🍷🍷 Volunteer Appreciation Luncheon 12:30pm in the VC Dining Room (invitation only) Happy Hour 4:00-7:00pm</p>	<p>20 Chair Yoga** 9:30am Singing From Notes** 2:00pm with Joe Gallagher Happy Hour 4:00-7:00pm</p>	<p>21 Land Arthritis Class** 9:00am Spring Fling 11:00-2:00pm Entertainment, crafts, Bake Sale in the Piazza. Benefits the VSB Employee Foundation. Senior Day Shopping** 🍷🍷 12:30-2:30pm Trader Joe's & Casey's Foods 🍷🍷 Happy Hour 4:00-7:00pm Bingo Night 6:30pm</p>	<p>22 Earth Day 22 Earth Day - Let's Do More! 2:00pm Art Studio Happy Hour 4:00-7:00pm Magic Show with Jeanette Andrews 6:30-7:30pm in the Piazza Family & friends are welcome!</p>	<p>23 Funny Fridays 2:00pm Ch. 4 Funniest Moments of the Century - The Unexpected 60 min. Happy Hour 4:00-7:00pm</p> 	<p>24 Bingo with George 1:30pm No cost 2nd Floor Conference Room Saturday Video 3:00 & 7:00pm Channel 4 Flower Drum Song (1961) Musical Comedy 133 min. Nancy Kwan & James Shigeta Happy Hour 4:00-7:00pm</p>
<p>25 Mass 10:00am Sunday at the Movies 2:00pm How About You (2007) Comedy NR 100 min. Joss Ackland & Orla Brady World Day of Prayer for Vocations 2:00pm Naperville Men's Glee Club Spring Concert - Linked in Song** 2:45-5:30pm 🍷🍷 Cost: TBA Wentz Concert Hall at North Central College</p>	<p>26 Shopping** 9:30-11:00am Ultra Foods 🍷🍷 Bingo 1:00pm Happy Hour 4:00-7:00pm</p>	<p>27 Chair Yoga** 9:30am Spring Salad Potluck** 12:15-1:30pm Salad & beverages will be provided. Bring your favorite salad topping to the Art Studio! Singing From Notes** 2:00pm with Joe Gallagher Happy Hour 4:00-7:00pm</p>	<p>28 Land Arthritis Class** 9:00am The Gift of Years 10:00am Senior Day Shopping** 🍷🍷 12:30-2:30pm Meijer Happy Hour 4:00-7:00pm Alzheimer's/Dementia Support Group 6:30pm Bingo Night 6:30pm Hosted by Resident Programs Committee</p> 	<p>29 The Gift of Years 10:00am Billy Graham Archive Center & Museum** 10:00-3:00pm 🍷🍷 Cost: \$15 (includes lunch) 🍷🍷 Happy Hour 4:00-7:00pm</p>	<p>30 Coffee & Conversation 8:30am in the VC Dining Room Topic: Fruit & Healthy Dip Harrah's Casino** 🍷🍷🍷 10:00-2:00pm Cost: \$2 Party Creations - Spring Centerpieces** 10:00-12:00pm Happy Hour 4:00-7:00pm</p>	<p>** Means must sign up</p> <p>🍷 Light Walking 🍷🍷 Moderate Walking 🍷🍷🍷 Heavy Walking</p> 